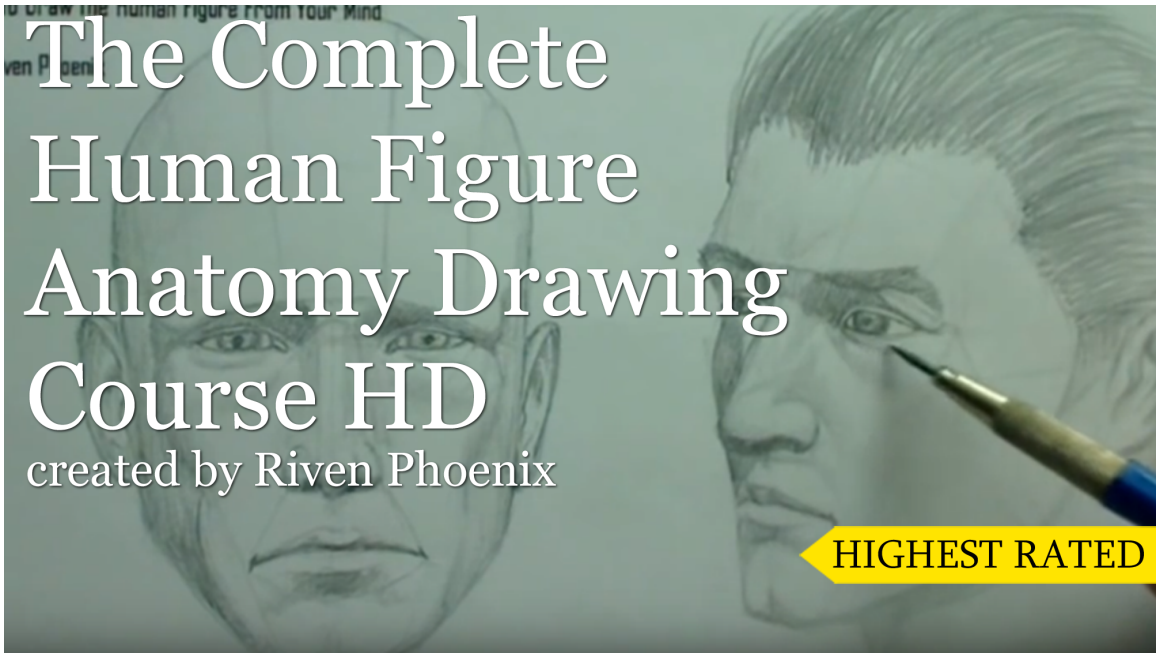


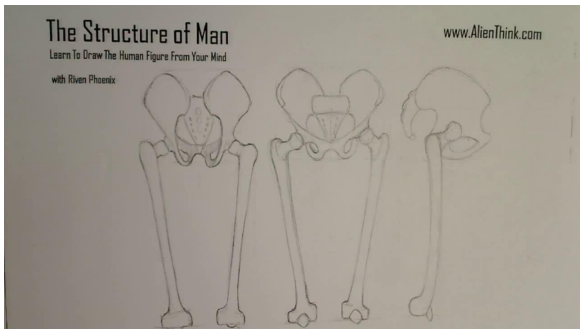
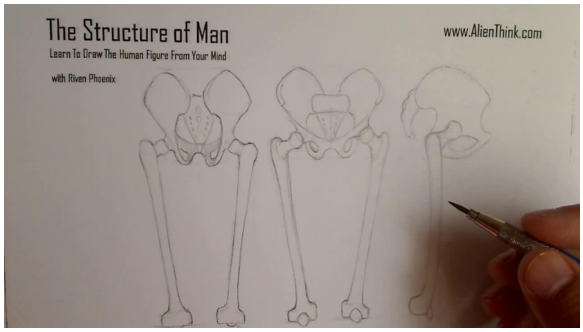
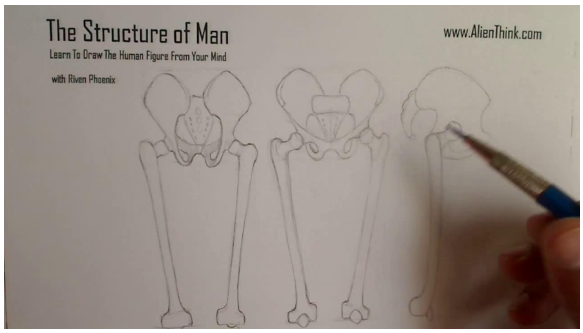
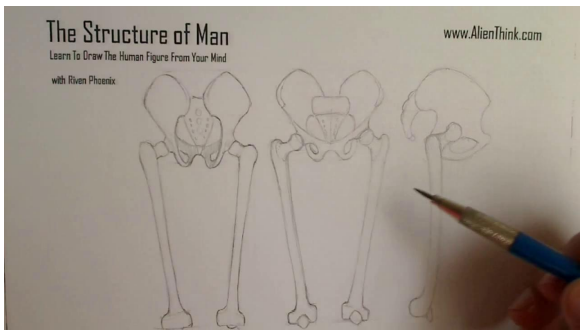
The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

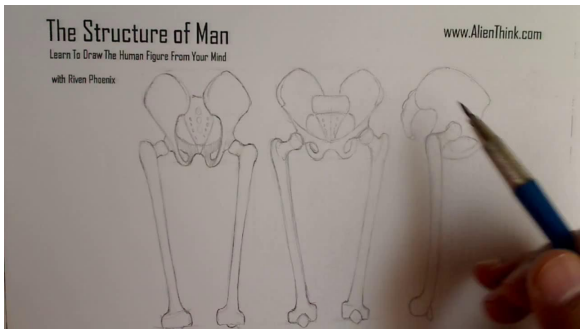
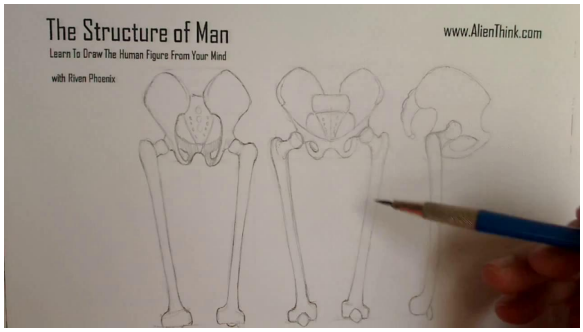
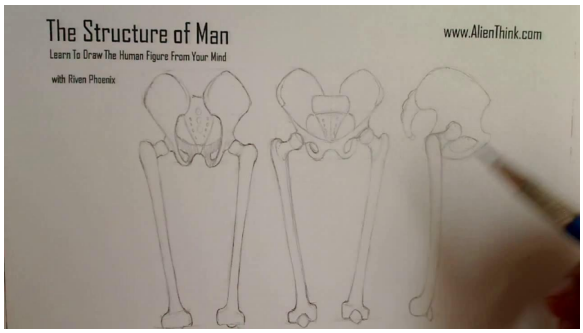
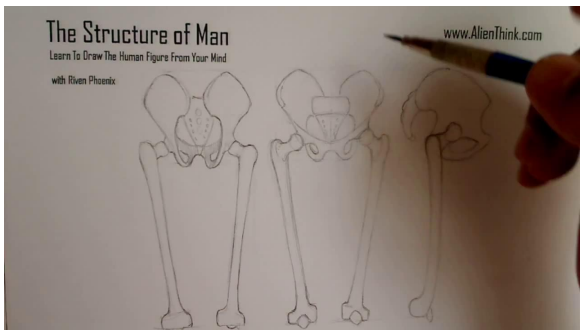
www.alienthink.com

Figure Drawing Lesson 047 - Fitting the Femur using a different Artistic Thinking

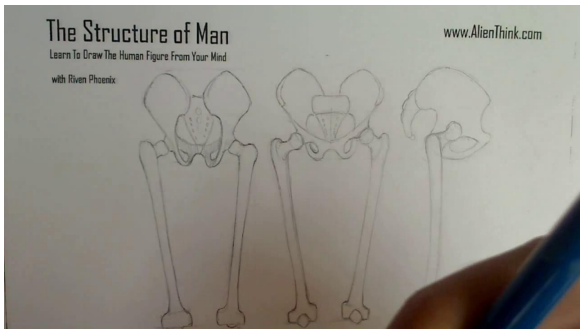
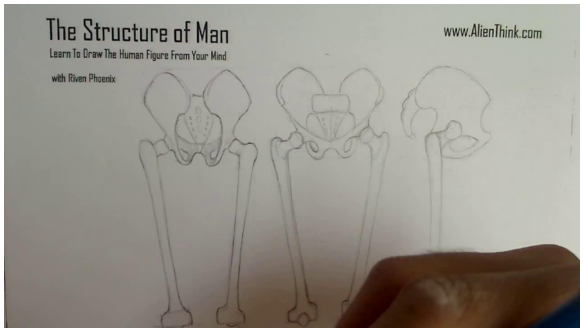
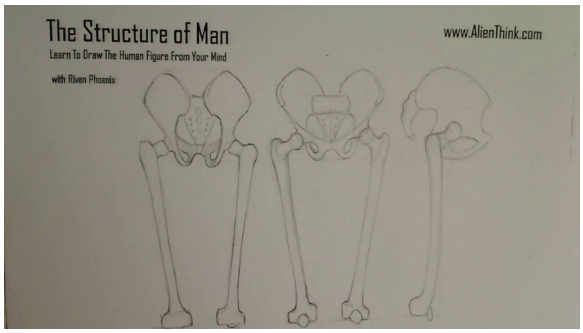
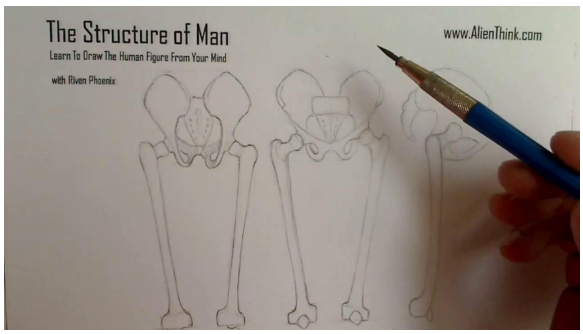
2026 Riven Phoenix and AlienThink.com

1		Hey guys, my name is Riven Phoenix and welcome to the structure of Man Learned to Draw
2		the Human Figure from your mind training course.
3		Okay, so now in the previous lesson we had understood how we were able to invent and create
4		the femur from all these different angles, right?

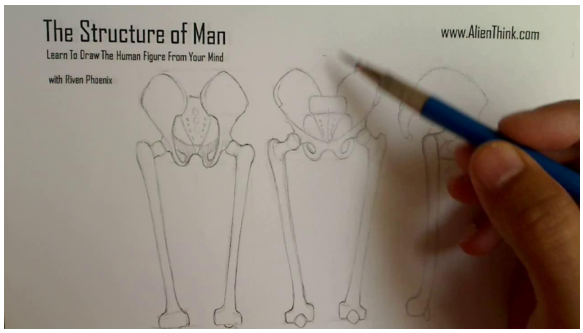
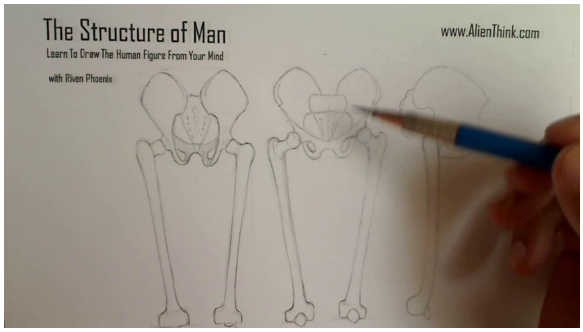
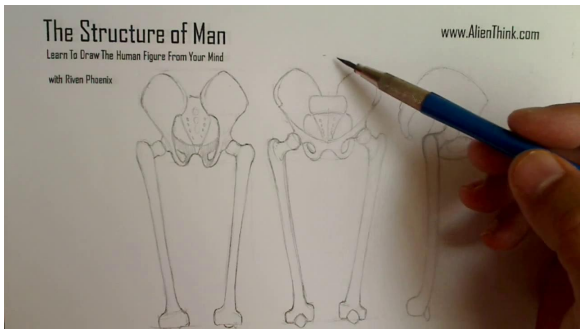
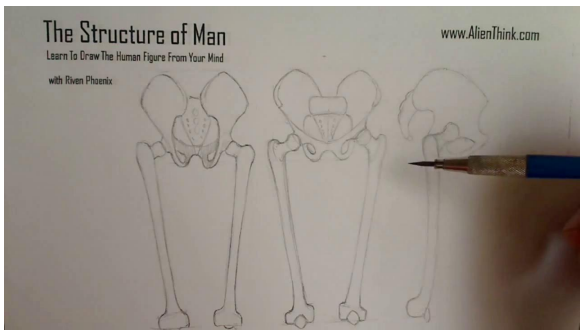
2026 Riven Phoenix and AlienThink.com

5		So in this lesson what we want to do is basically now check to see again drawing out the front
6		back and the side all the way down to the femur.
7		But in this video we want to take a look at something a little more different, right?
8		Because we know that when we draw it out we're going to be able to do it out correctly

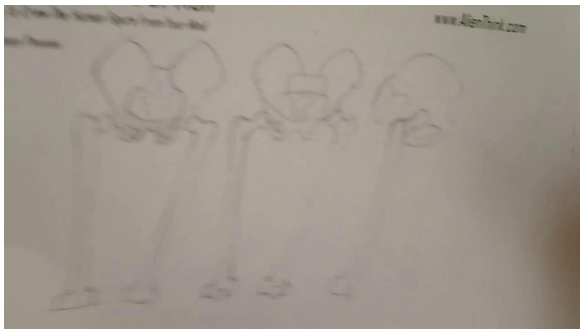
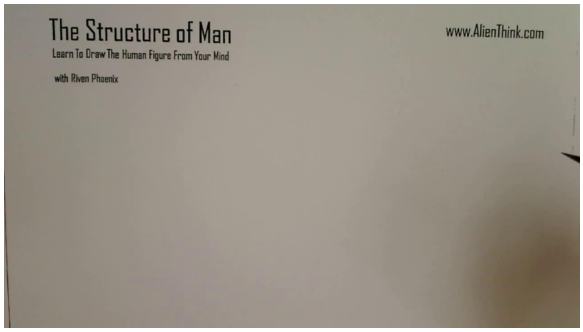
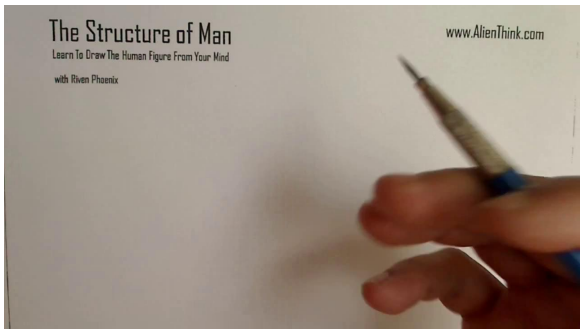
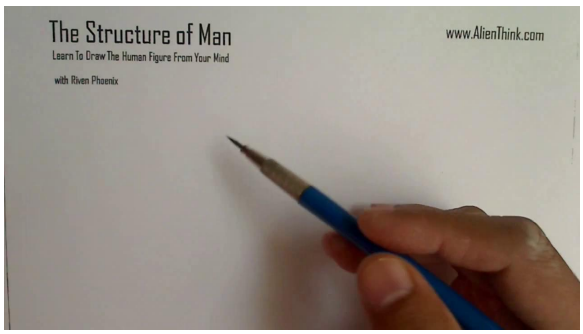
2026 Riven Phoenix and AlienThink.com

9		anyway, right?
10		We've been in these videos every time we reach that milestone we know that it's just becoming
11		obvious and obvious that that's what's going to happen, right?
12		So what we want to do is now take a look at a different form of artistic thinking in

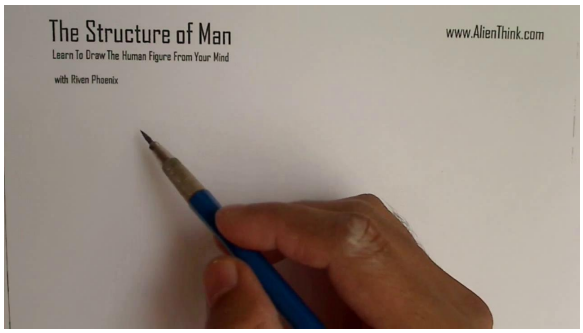
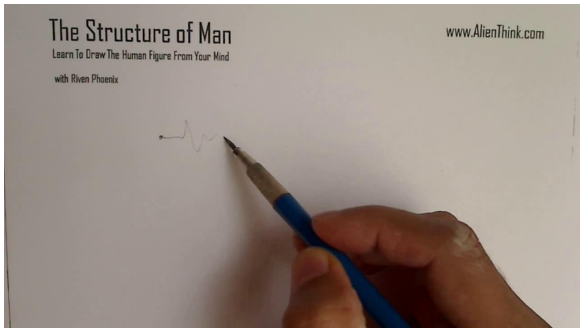
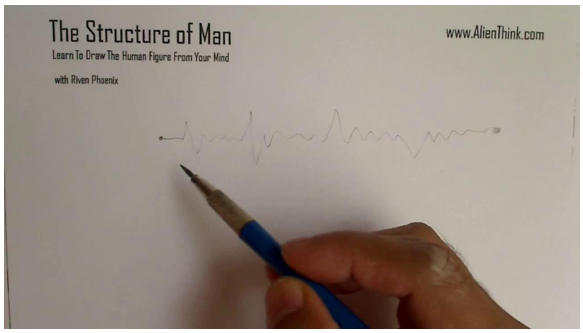
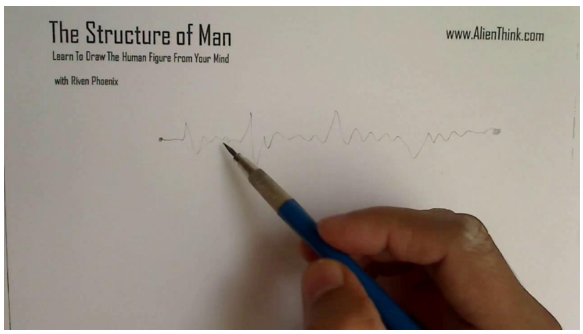
2026 Riven Phoenix and AlienThink.com

13		that when we draw out the structure, well how can we speed that idea up by really letting
14		go of the formulas as much as possible, right?
15		Because in the end it's really just going to come down to be able to draw the toolkit
16		on paper and then from within it, let it go through its manifestation processes of drawing

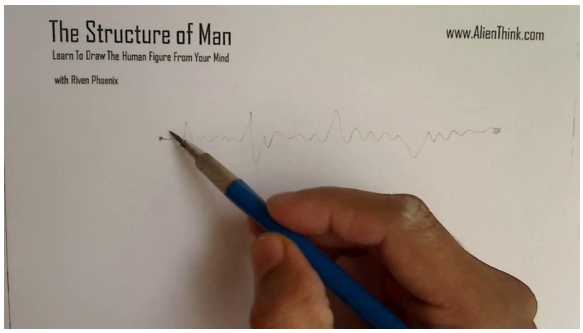
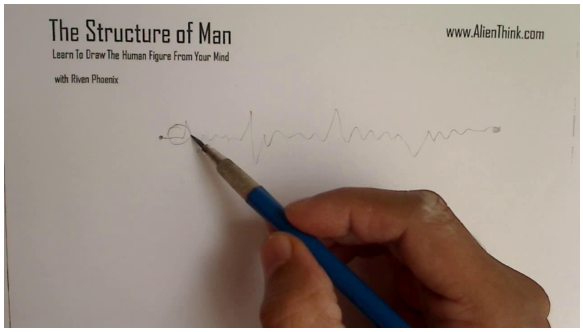
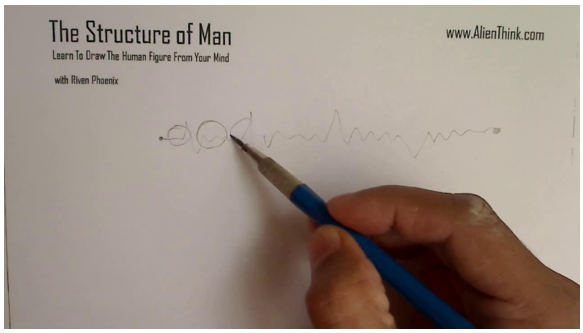
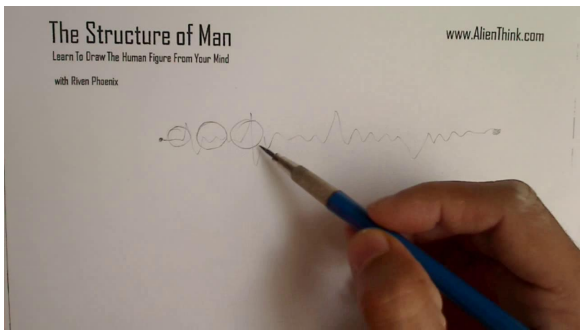
2026 Riven Phoenix and AlienThink.com

17		it out, right?
18		So as an example in artistic thinking, so this is where artistic thinking can get into
19		like this experimental ways of looking at things, it really doesn't mean anything but it
20		allows you to see some progress.

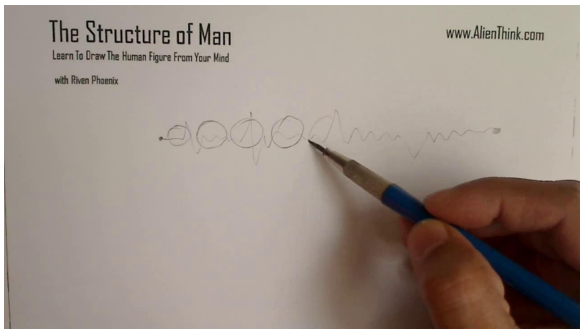
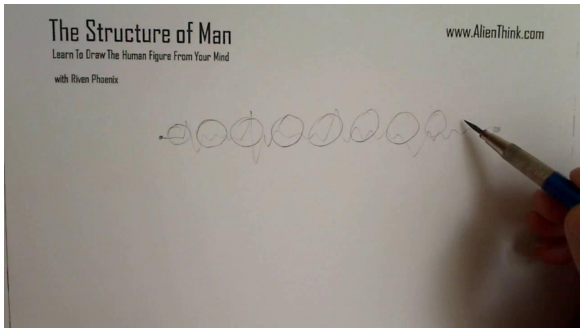
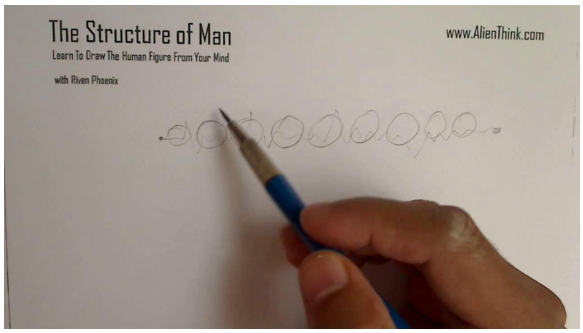
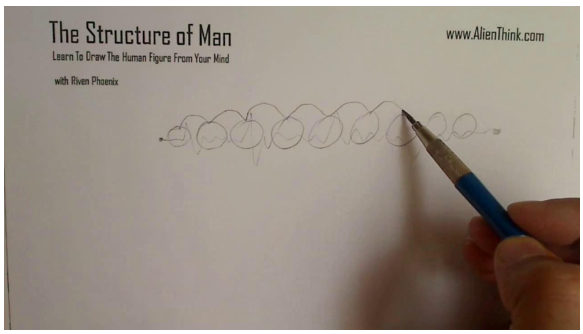
2026 Riven Phoenix and AlienThink.com

21		So let's say this is going to be like our brain pattern, right?
22		It's going up and down like this, something like this and this is based based on what we've been
23		doing in this structure and course, right?
24		So this is where the PEC system, the memory management system comes in is basically when

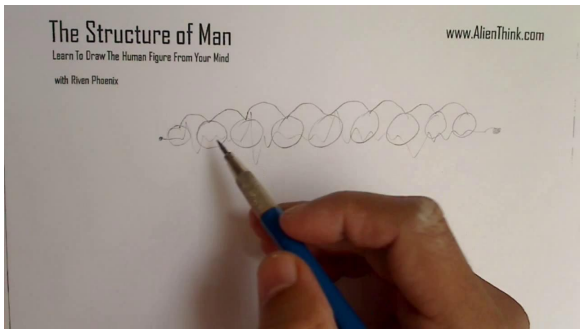
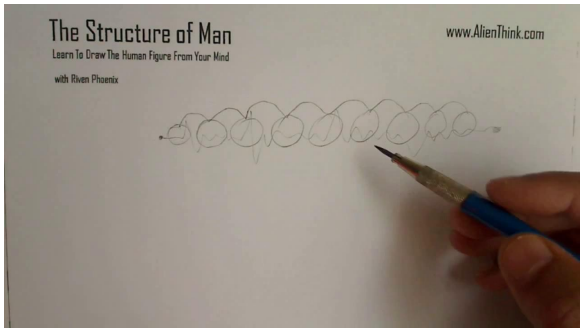
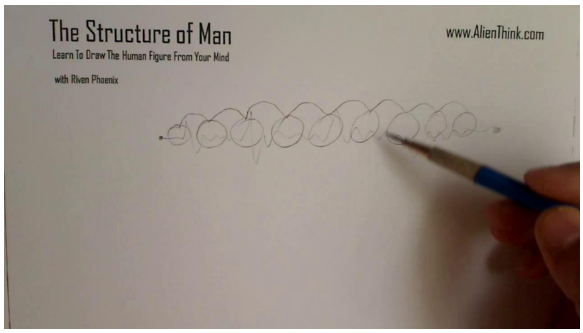
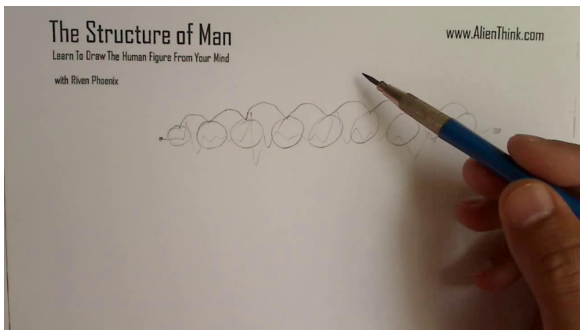
2026 Riven Phoenix and AlienThink.com

25		we are in here, we can say we invented the toolkit right in this area, okay, and then
26		after we invented the toolkit, then we discovered that we could do it in like a three-fourth view
27		then we created the, we had discovered the power of the formulas, right?
28		So we would be able to draw the human skull, draw it out in a three-fourth view, let

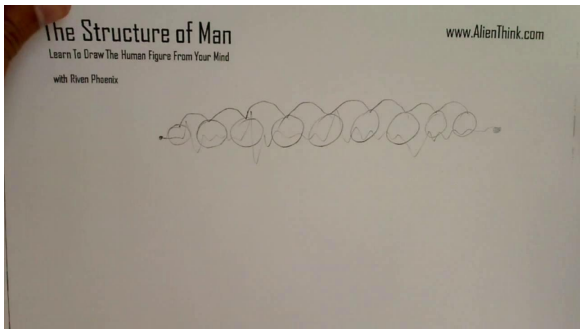
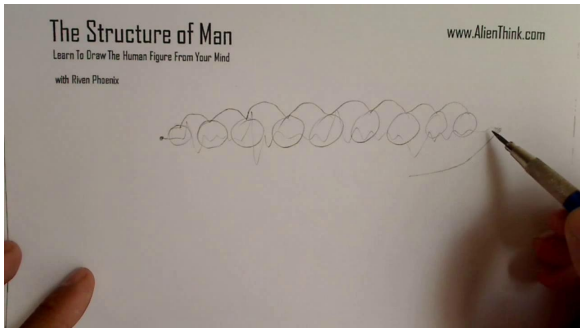
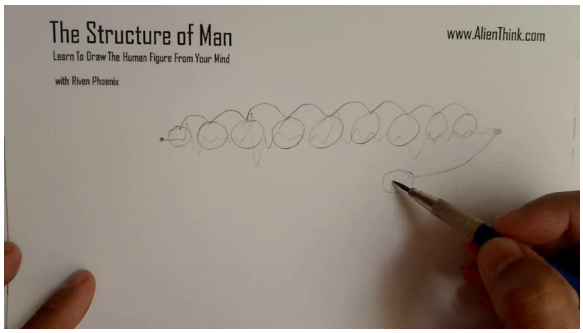
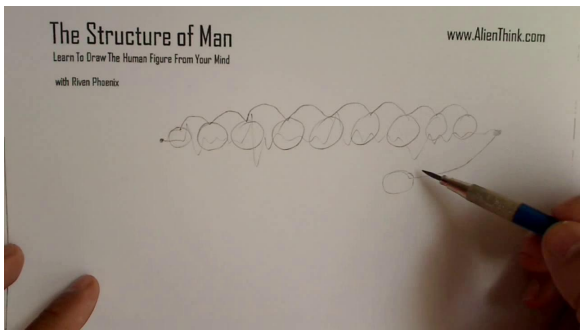
2026 Riven Phoenix and AlienThink.com

29		us look at the chest cavity, then we looked at the spine, the scapula, the pelvis, actually
30		the sacrum and then the pelvis, right?
31		So basically what we've done is that everything is now just linked to each other in that
32		story mode into how the mind was able to rapidly understand figure drawing, right?

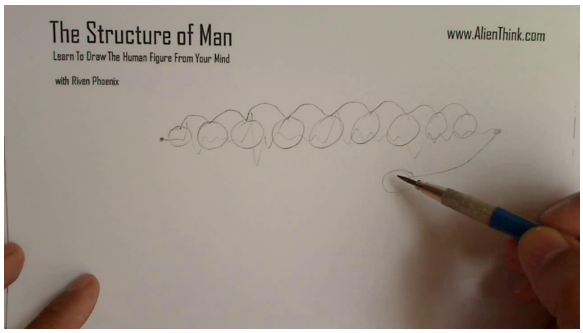
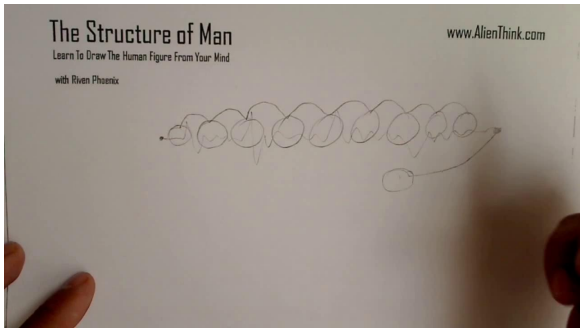
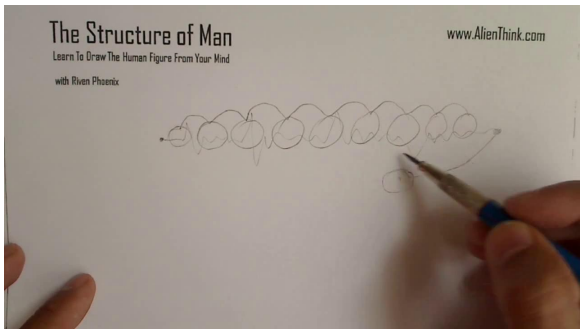
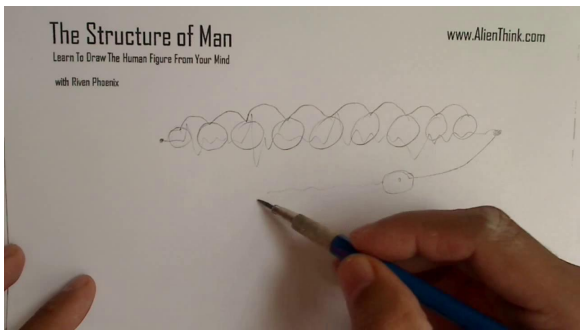
2026 Riven Phoenix and AlienThink.com

33		Because that's what is going to come down to, in the end when we're drawing it out, right?
34		It's like the, you could say that all the mastery, state, or figure drawing really is the
35		ability to draw it out from bliss, but behind it is that enormous experience of understanding
36		that the mind had gone through, that everything just is now obvious, right?

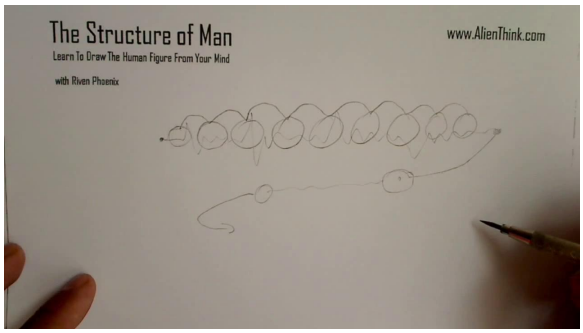
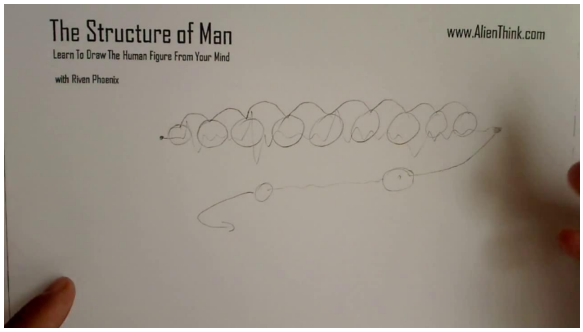
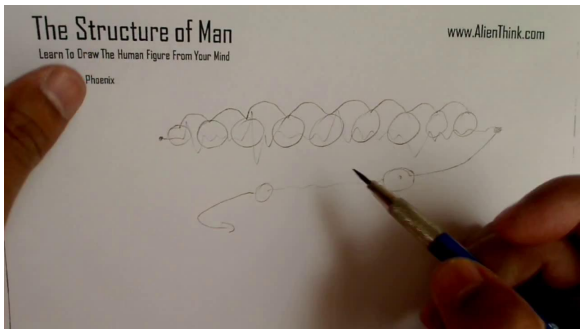
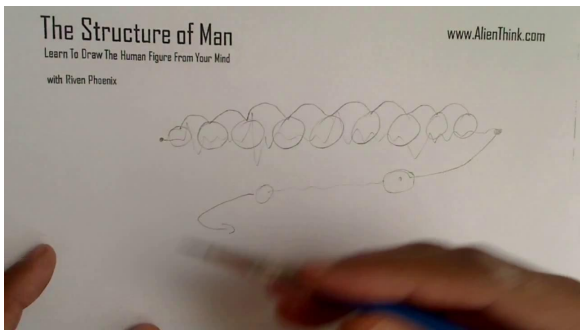
2026 Riven Phoenix and AlienThink.com

37		So to tie this in, from this point on, we've understood the femur, now we can basically
38		creating a new brain pattern and creating a new idea here, let's say that we just want
39		to know experiment, we're drawing out the figures a little more rapidly in trying to let
40		go of the formulas, right?

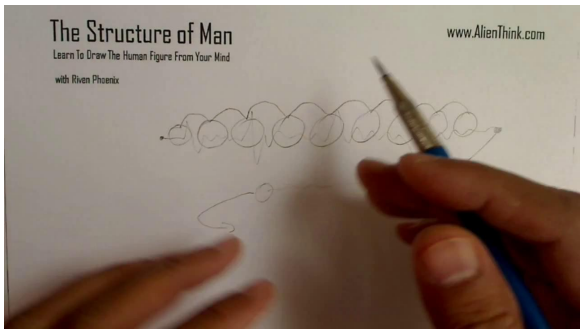
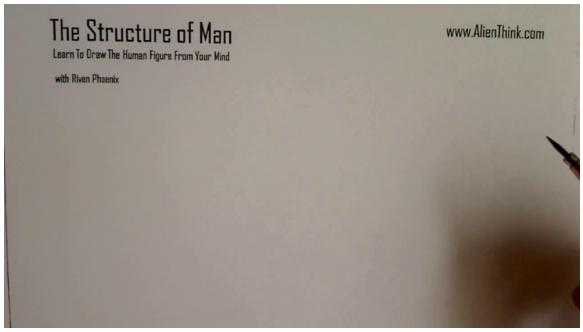
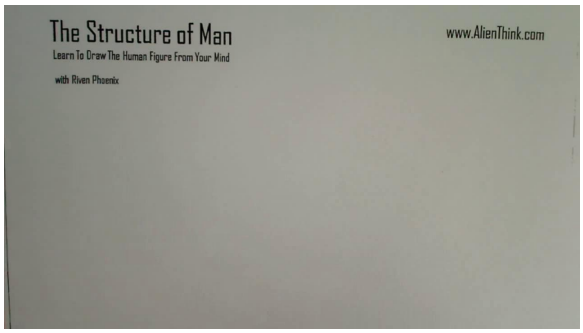
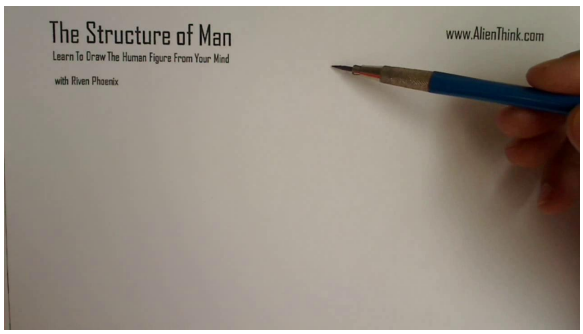
2026 Riven Phoenix and AlienThink.com

41		Because really it's just going to come down to approximation and just knowing that yeah,
42		I get the ratios and the approximations and how the shapes are, right?
43		So it's just like a link system and this will just keep going forward.
44		Once we finish the whole skeleton system, then we'll repeat this process until we've understood

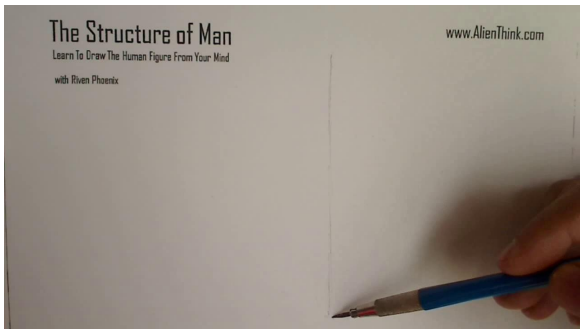
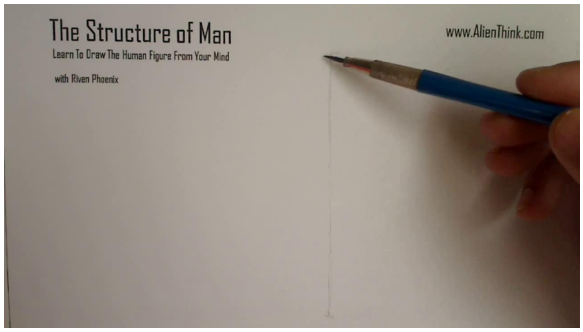
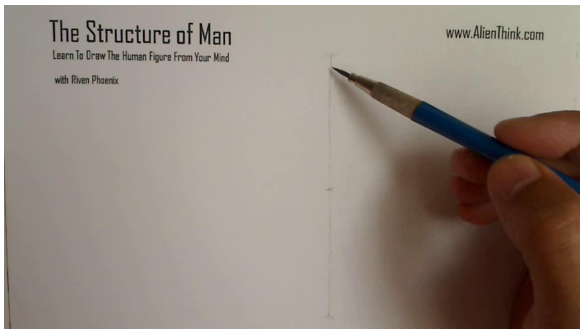
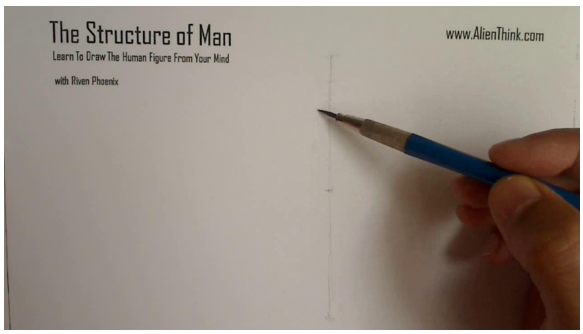
2026 Riven Phoenix and AlienThink.com

45		all the muscles, right?
46		So everything is just going to come together.
47		So this is a way of looking at things, right?
48		It really doesn't mean anything, it's just like trying to take things apart from your

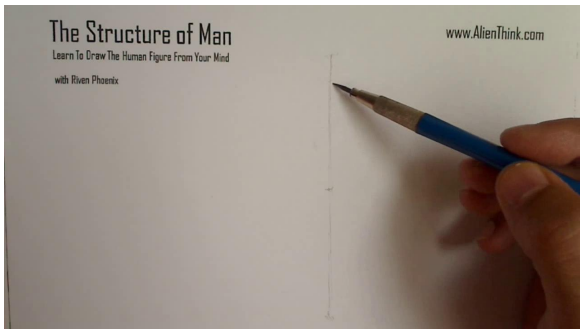
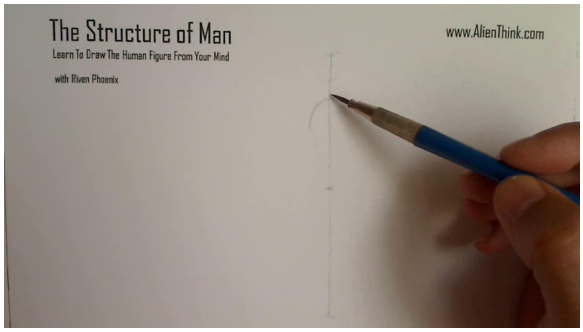
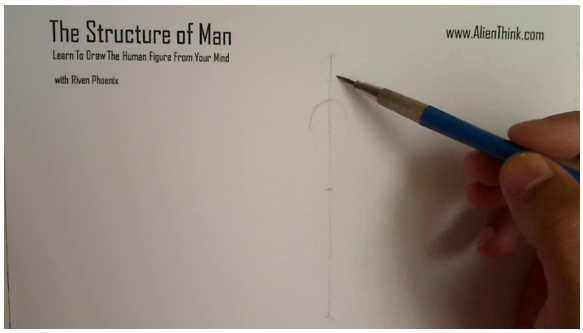
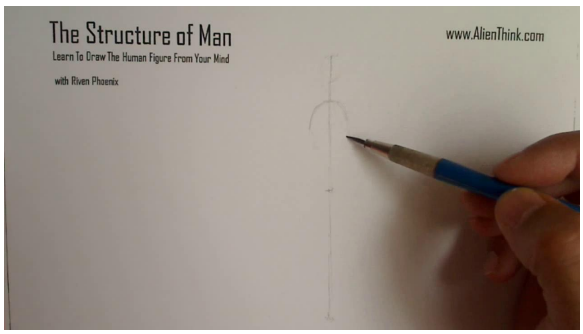
2026 Riven Phoenix and AlienThink.com

49		mind and putting on paper to explain something conceptually, right?
50		So let's say if we'd had to draw out the figure, right, how can we do this in a much more
51		easier way because we really don't want to stop and measure anything in the end, right?
52		So here, even if we draw out, let's say this line over here, right, we can just draw out

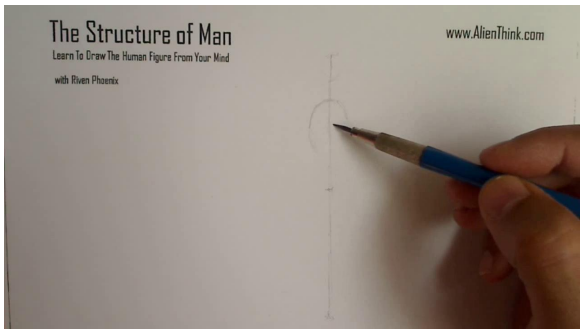
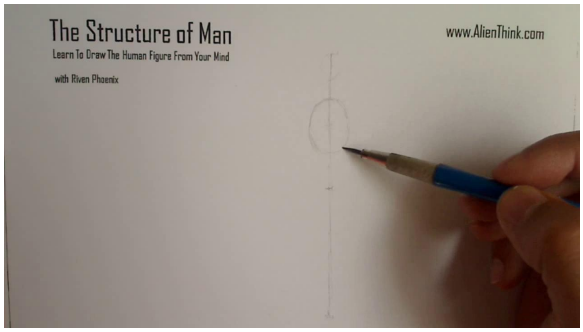
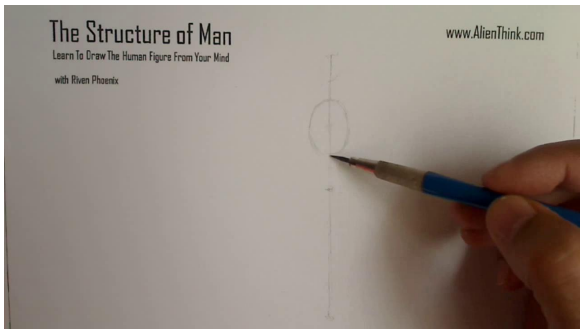
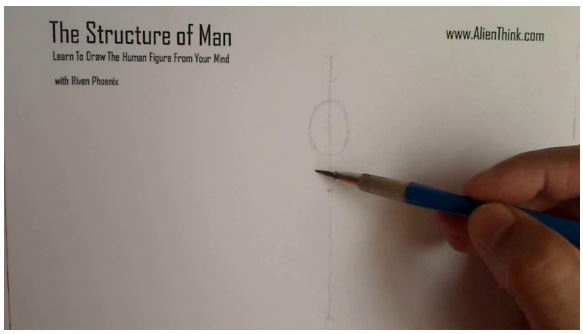
2026 Riven Phoenix and AlienThink.com

53		a line like this.
54		We know that this is here is going to be the half of the figure, right?
55		So basically you can pretty much just understand where everything is going to be just by looking
56		at this, right?

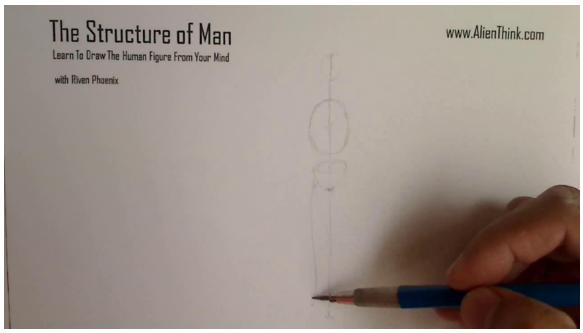
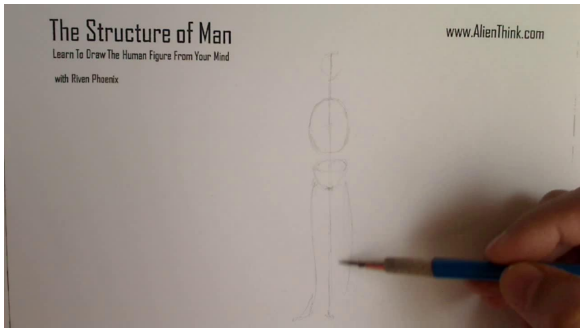
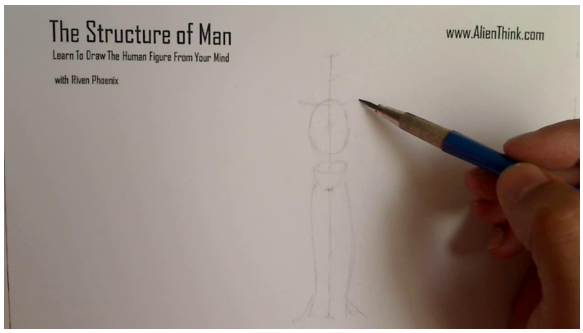
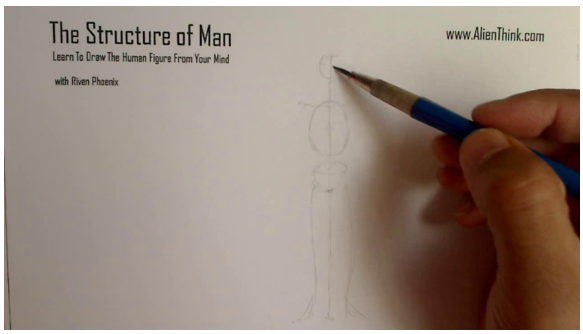
2026 Riven Phoenix and AlienThink.com

57		Because you know that, okay, well, the chassis cavity is just going to be like this, right?
58		And the way it was determined is because you could just pinpoint really, well, this is
59		where the skull is going to be, right?
60		So you could just sketch this out much more easily, right?

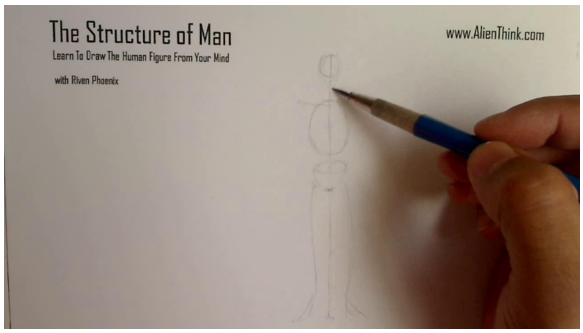
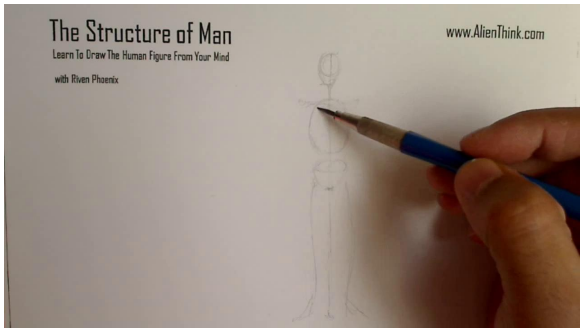
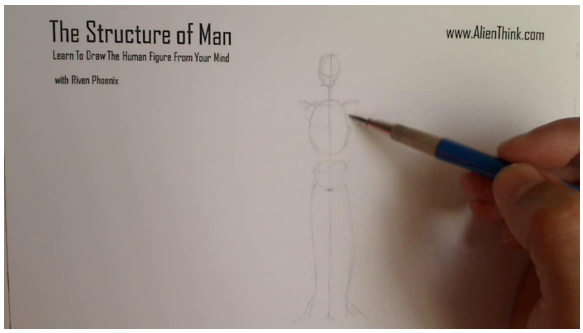
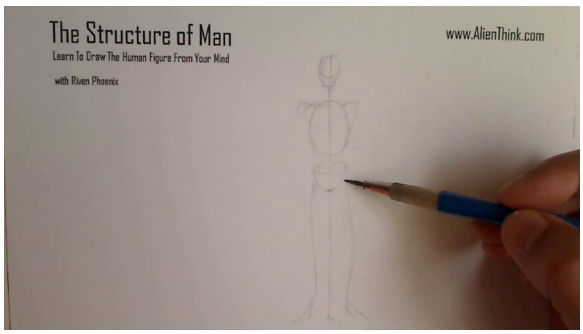
2026 Riven Phoenix and AlienThink.com

61		So if this is where the chassis cavity is and the naval, you know that it's just going
62		to be like this, it's going to be like this circle over here, right?
63		And then here's where the crotch area is.
64		We can again just come with that basic design for the toolkit and be on our way, right?

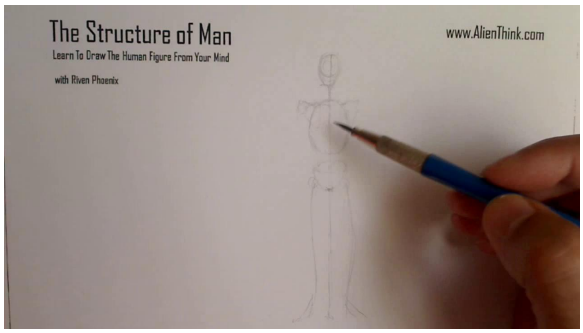
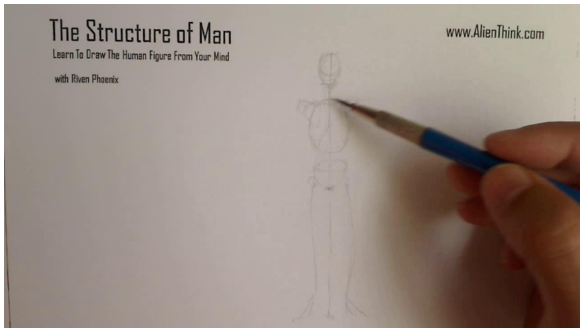
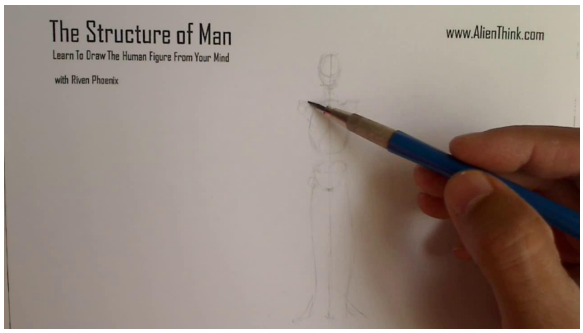
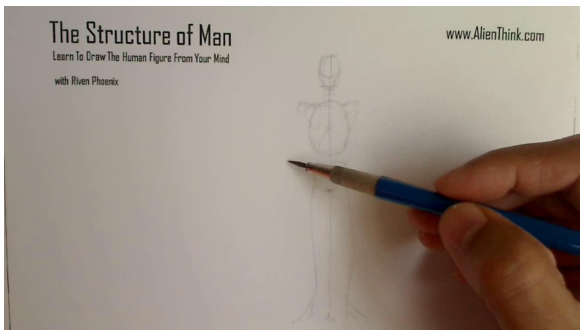
2026 Riven Phoenix and AlienThink.com

65		It's that easy, right?
66		Be able to draw out the figure from the front in a much more fluid conceptually idea.
67		This is where the power of the toolkit comes in, right?
68		I know it's just going to be like this, something like this.

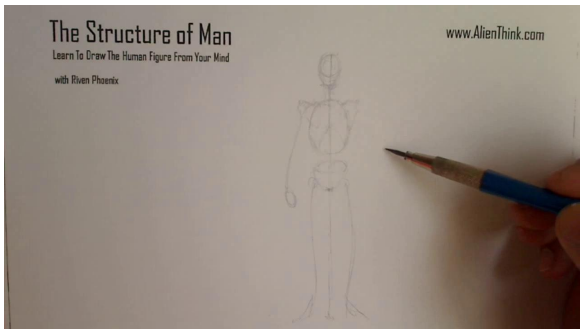
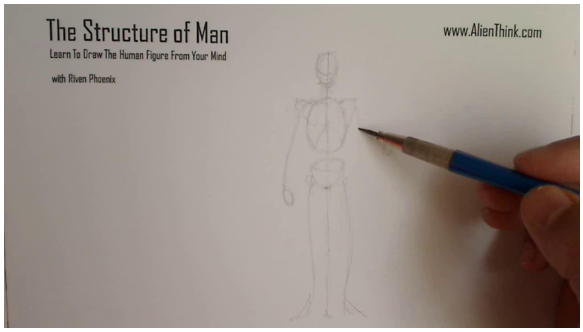
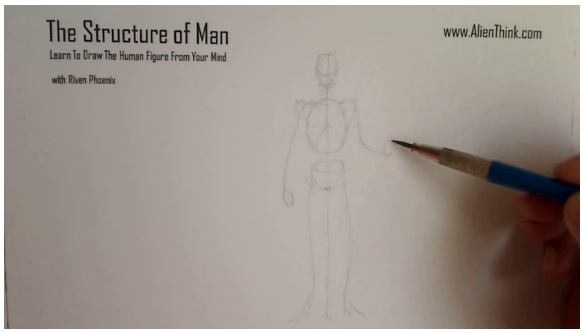
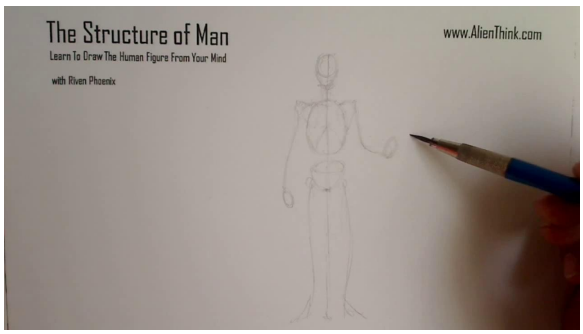
2026 Riven Phoenix and AlienThink.com

69		And here I can just draw out like this figure over here, right?
70		Knowing that, right, obviously, this is just going to be like this over here, right?
71		Nothing really much is going on in that idea, right?
72		So here it's going to be like this, right?

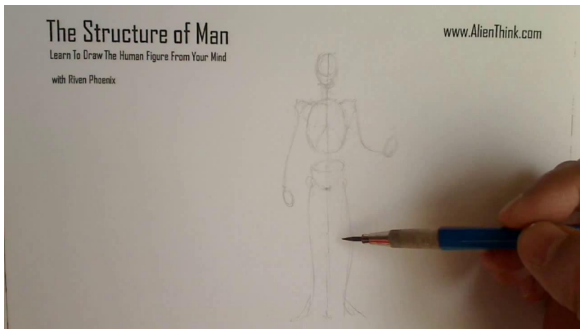
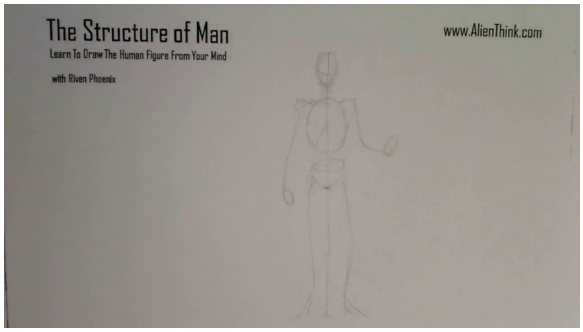
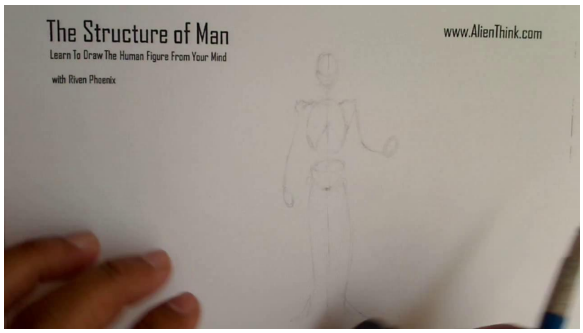
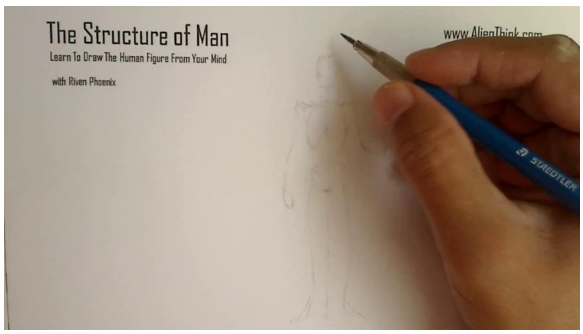
2026 Riven Phoenix and AlienThink.com

73		So once I have this, right, then it's just going to come down to basic shapes.
74		So when you know all the muscles, right, it's just going to come down to the forms of
75		the human figure knowing that, well, this is how it's supposed to be, right?
76		So for, and here you can see I can just draw out the hand and then connect, right?

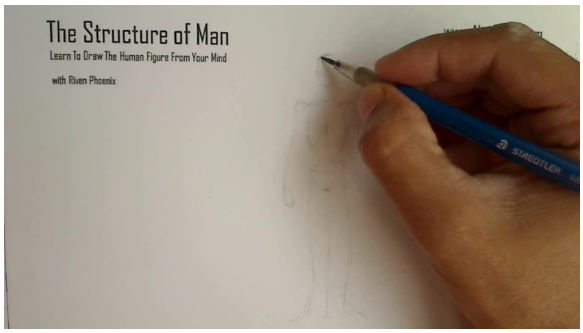
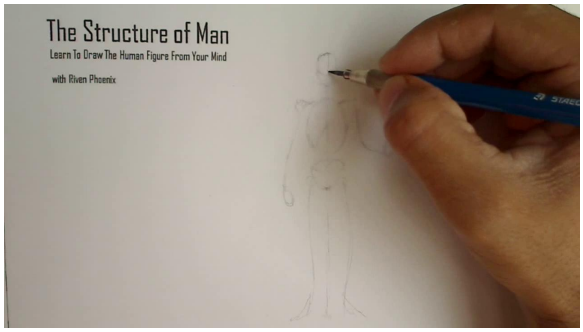
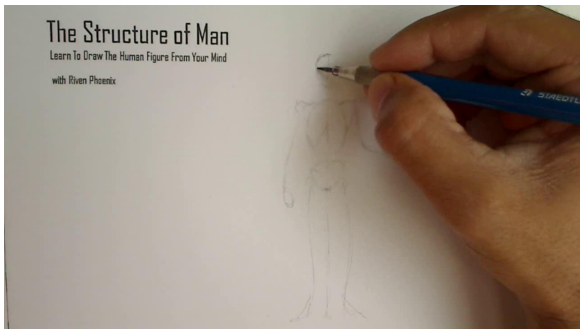
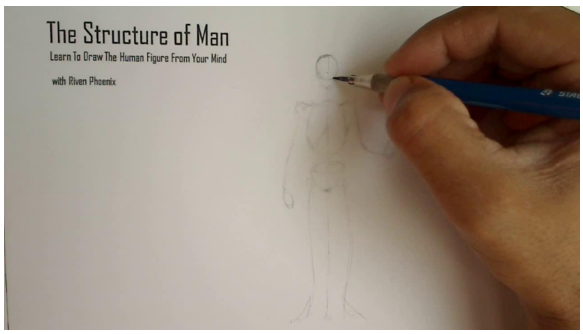
2026 Riven Phoenix and AlienThink.com

77		So even I can draw the hand like this, let's say, right?
78		And then just do it this way, connect it this way, right?
79		This is like a quicker way of doing it, rather than just swinging the whole idea around,
80		trying to see, we can just pinpoint it, well, this is how it's going to connect.

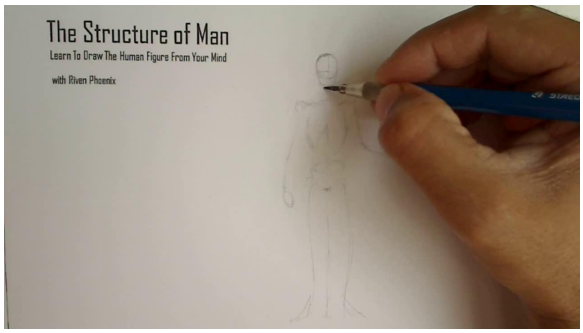
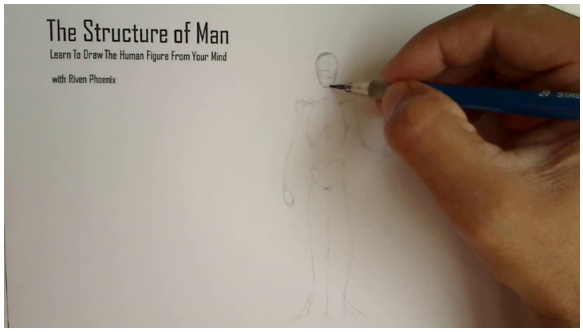
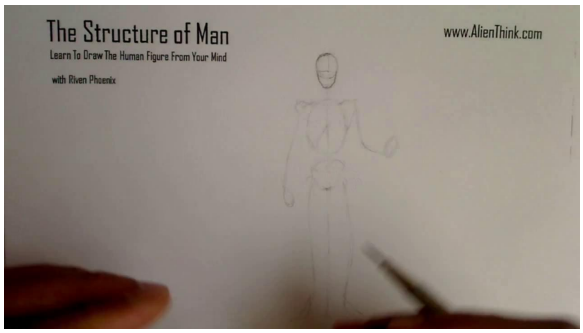
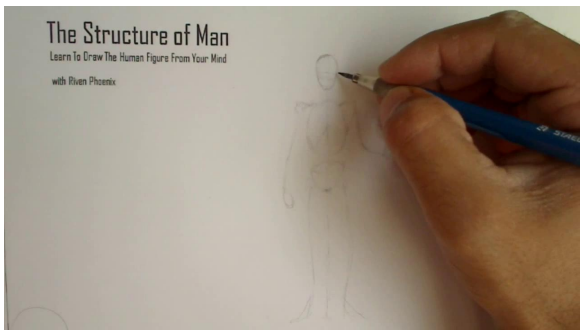
2026 Riven Phoenix and AlienThink.com

81		So this is like a figure design here.
82		So once I, we've done this, we know that, okay, well, I mean, that's all we really needed, right?
83		Our drawings are much more fluid.
84		And now we can come back in here and now start to really draw out the figure, right?

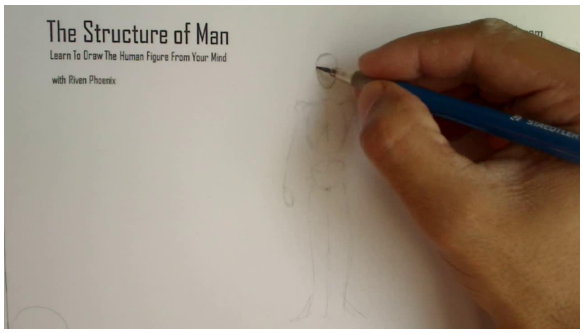
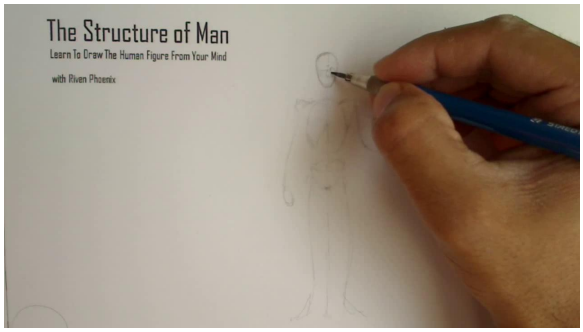
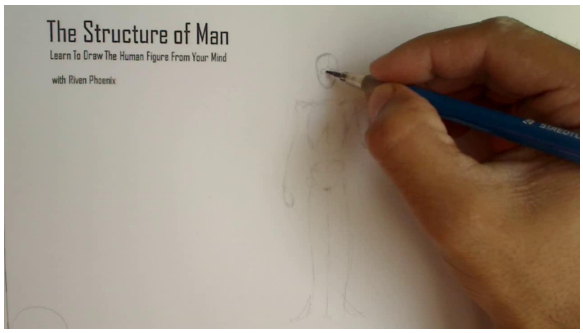
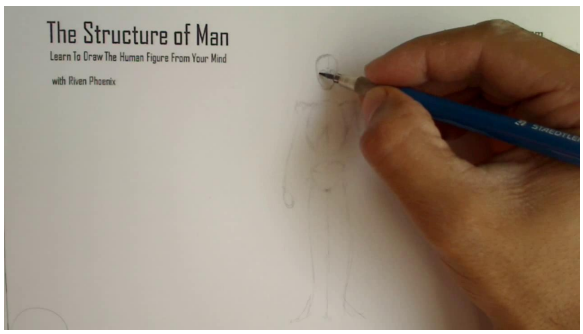
2026 Riven Phoenix and AlienThink.com

85		So here you can see where the ratios are just going to come.
86		And start to work out, right?
87		We know that we're just going to be able to draw out, like here I'm just going to now sketch out
88		just the basic idea of the skull now, right?

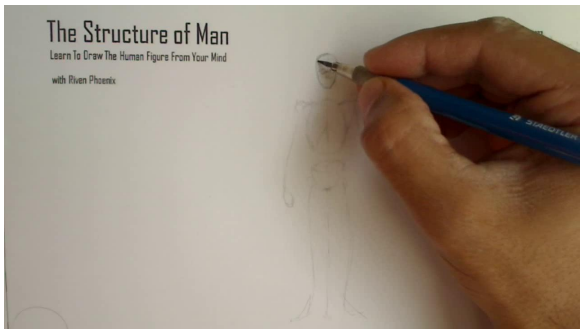
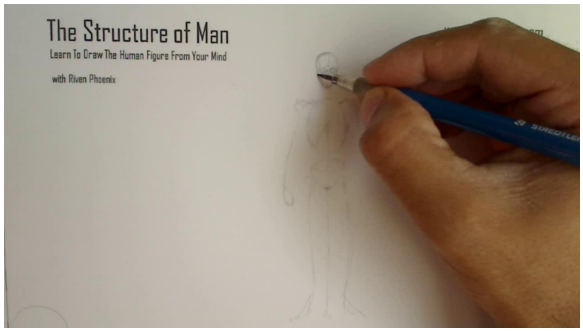
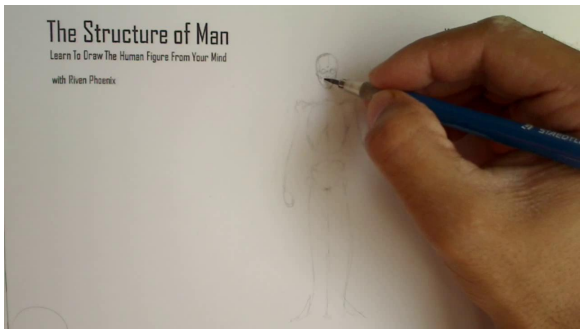
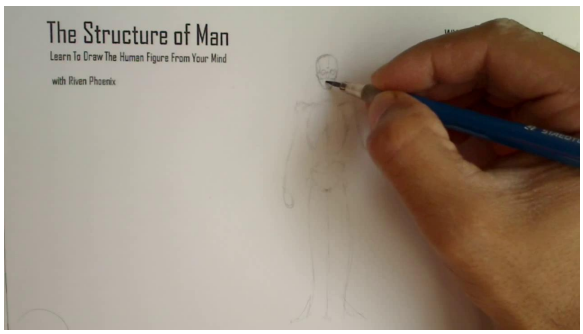
2026 Riven Phoenix and AlienThink.com

89		I just needed a much more faster way of drawing out the figure, right?
90		And then the more we look at more part of this body in a little bit,
91		we're going to look at the flow system, how that is going to work to allow us
92		to really put these figures down much more faster, right?

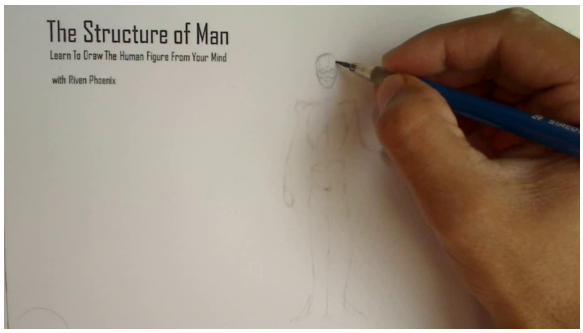
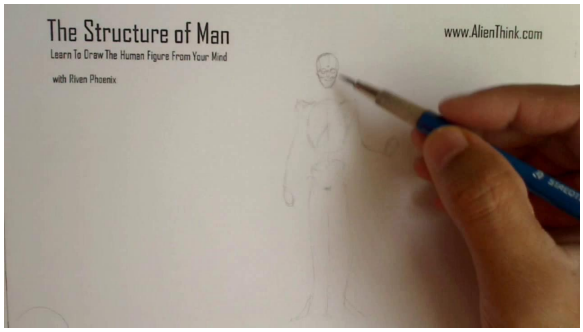
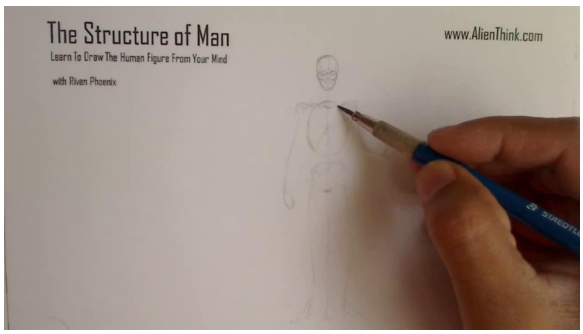
2026 Riven Phoenix and AlienThink.com

93		And you should just start to begin to trust your mind as to how it's going to be able to,
94		when putting down the toolkit, it's going to do it correctly, right?
95		Indie correct proportions.
96		And if you see anything off, you just correct it.

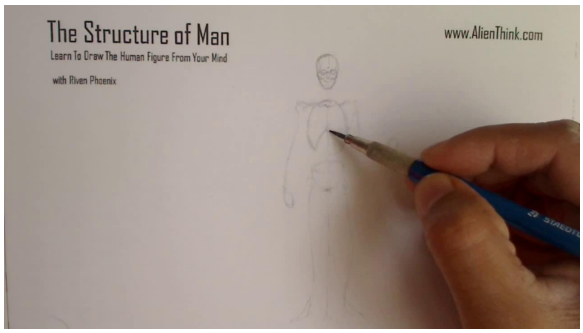
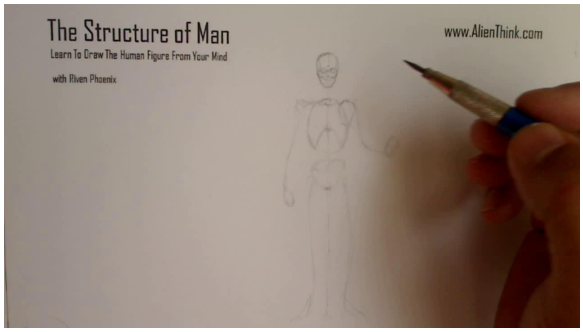
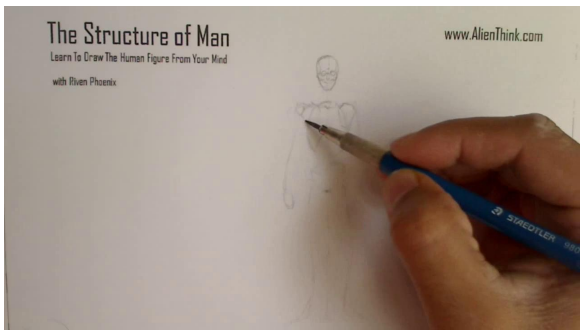
2026 Riven Phoenix and AlienThink.com

97		That's it, right?
98		You could say here that we need, like at least, let's say 50% of the figure
99		down onto paper correctly, the way we wanted to and then of course you're going to have to room,
100		you need room for adjustment, right?

2026 Riven Phoenix and AlienThink.com

101		Because you're going to want to change ideas, right?
102		So here already got this, you can see that I really don't have to measure, right?
103		Because it's just now assumptions and ratios, the ratios are going to be very close
104		already approximated and you know it's just going to work out, right?

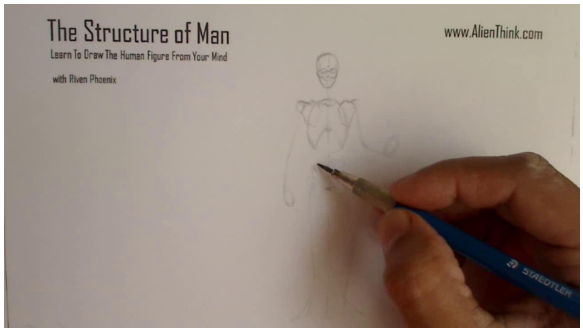
2026 Riven Phoenix and AlienThink.com

105		So here, even in this area here, right, when you get to the
106		just scapula, it's just going to be this way over here anyways, right?
107		Just pinpointing
108		Right, just drawing out enough of it.

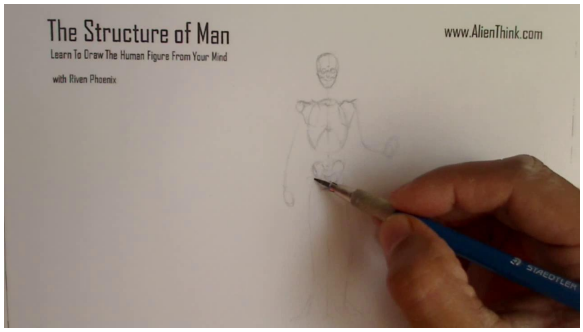
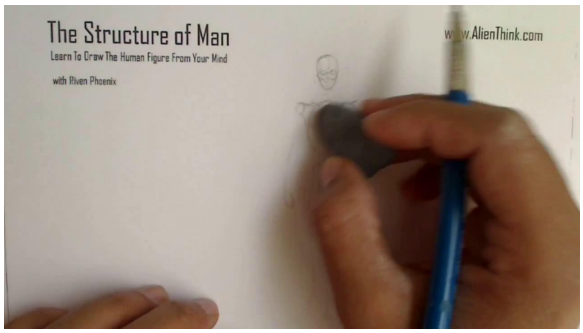
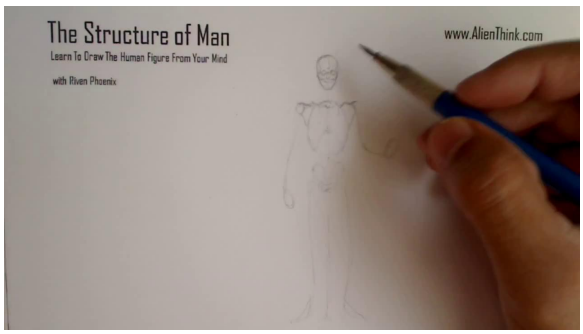
2026 Riven Phoenix and AlienThink.com

109		Then over here, when we get here, we can just, we understand what's going on over here, right?
110		This is the belly button here and it's just really just dividing just because this is divided,
111		divided in three different parts here, it doesn't mean that we have to do it, right?
112		Because it's going to be fluid.

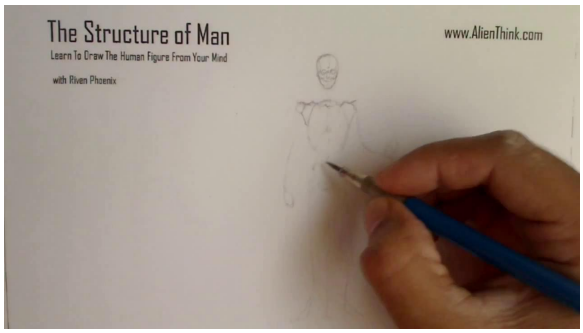
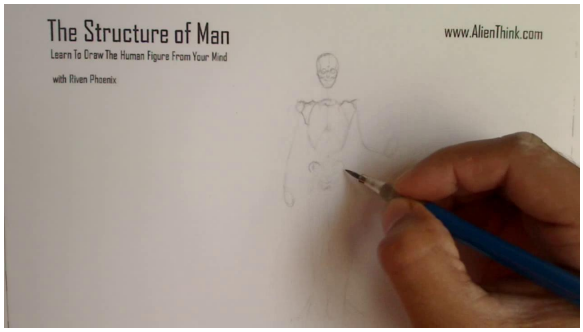
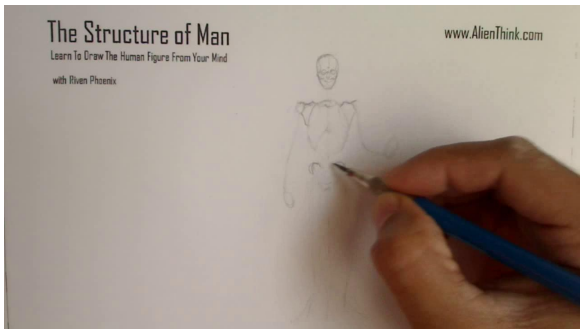
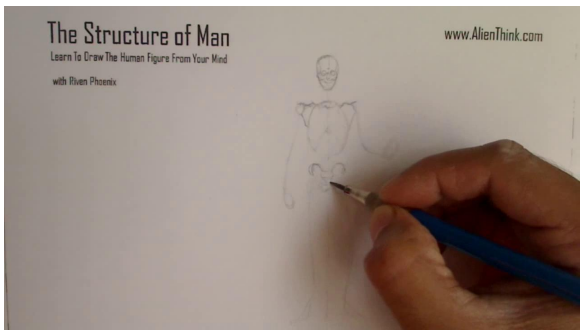
2026 Riven Phoenix and AlienThink.com

113		This area here could be a little more tilted, right?
114		It doesn't really matter as long as you get the concept.
115		And then when we now just use our understanding of how this was put together,
116		we can just create the structure once again of the pelvis, right?

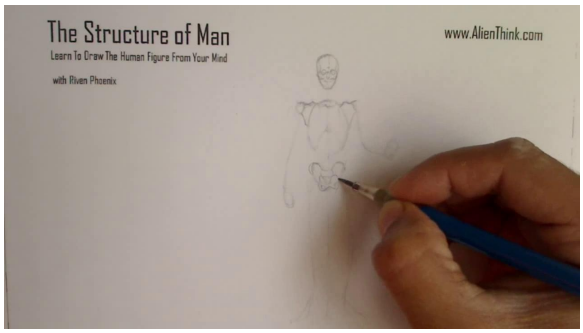
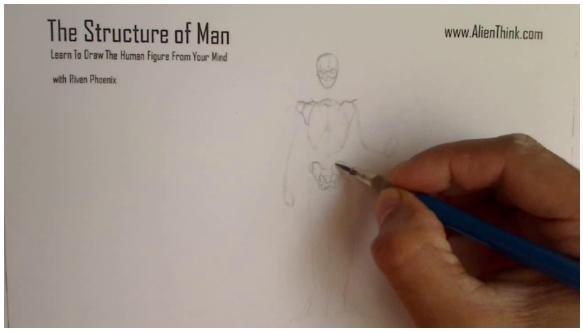
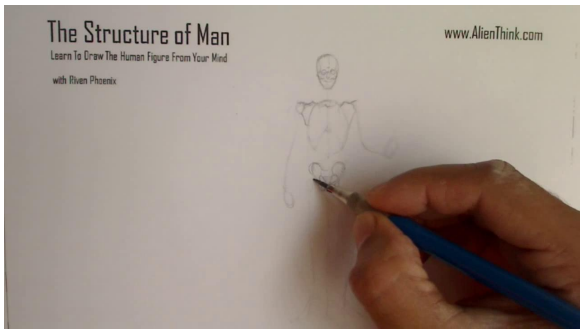
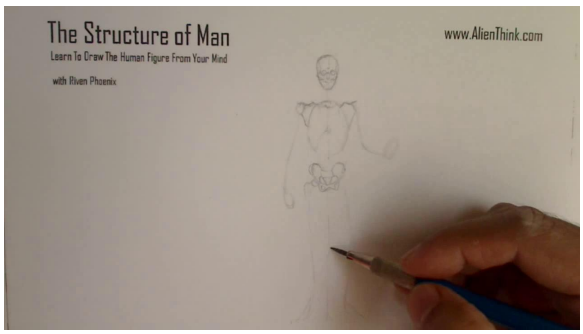
2026 Riven Phoenix and AlienThink.com

117		Just get it out pretty lightly here and that's it, right?
118		So in here, I'm going to clean that up a little bit.
119		Right, so I've got the basic ideas that I can just erase this now and start really just
120		cleaning up some of these ideas. I want them to be.

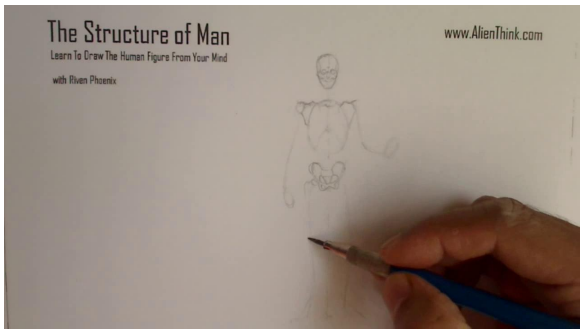
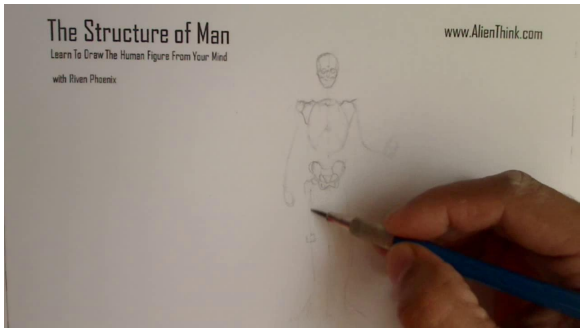
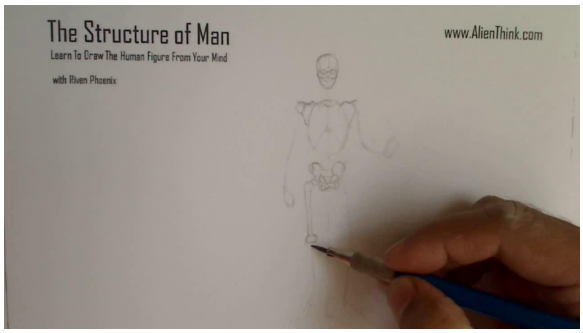
2026 Riven Phoenix and AlienThink.com

121		Right, so here, this is the line over here, so you're just going to actually widen this up
122		a little bit.
123		I know that this is just going to be turning in that way and I'm going to get
124		the sacrum over here and really I'm just going to get this design over here of the pelvis.

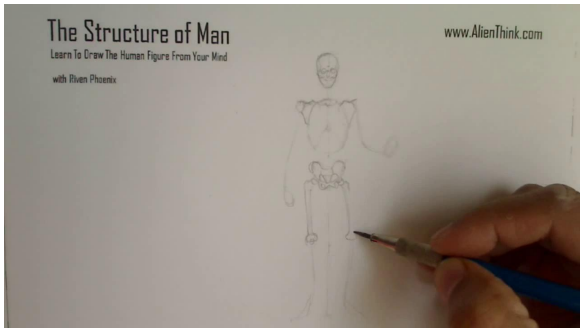
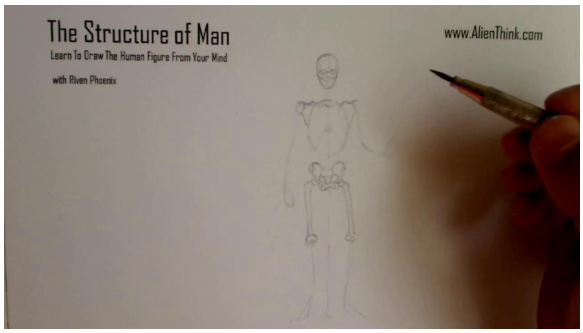
2026 Riven Phoenix and AlienThink.com

125		Right, so when you're drawing this out, you got to think about the whole idea as a
126		as a whole form, right? Invasion it as a whole idea.
127		Right, so here we're going to get the ball joined over here and then when we get to the leg,
128		we know that this is where the bottom of the feet is going to be and the knees have to be above.

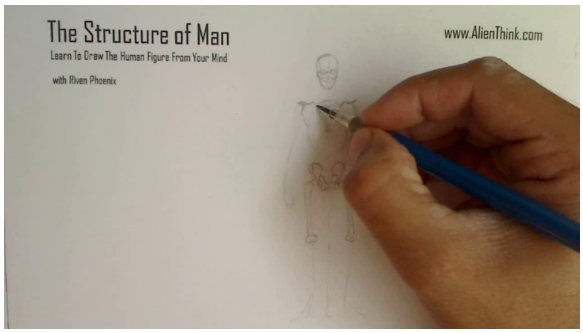
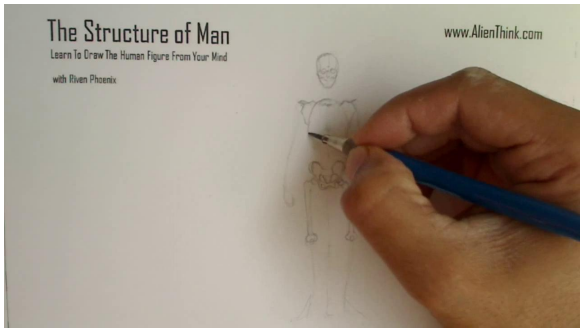
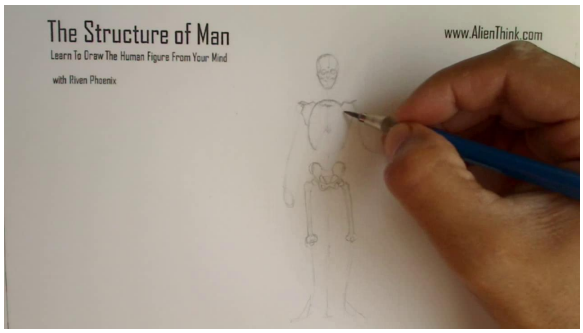
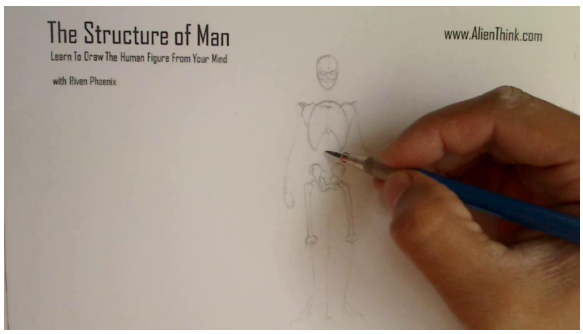
2026 Riven Phoenix and AlienThink.com

129		So really you can just figure out, okay, right? We remember how this was done.
130		There's nothing more than just this idea like this and it was going in this direction,
131		right? And you're going to get the knee joint over here, right? It has to be above this line
132		and over here I can just do the same thing over here and do a ball joint here.

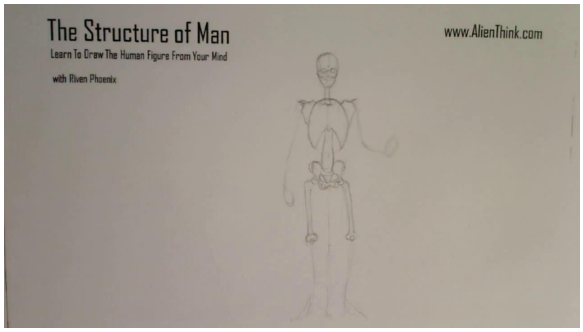
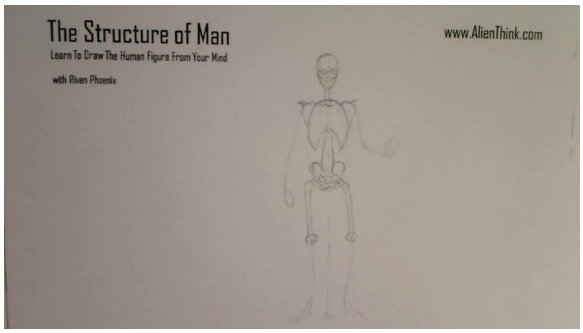
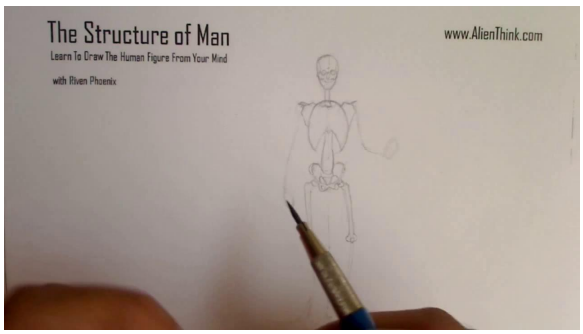
2026 Riven Phoenix and AlienThink.com

133		And you can see how we can just quickly sketch this stuff out.
134		All right, just get the conceptual idea down. So we haven't really looked at the bottom part
135		over there. So I'm just going to just finish some of this stuff off.
136		Right, so you can see how we were able to do this completely free hand

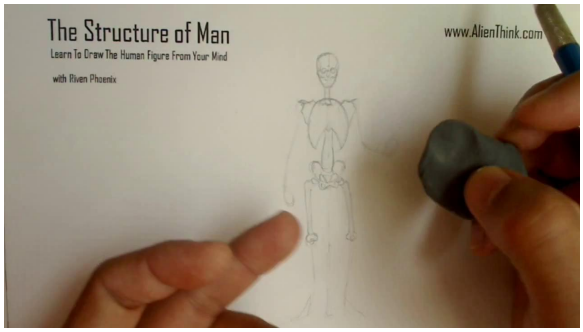
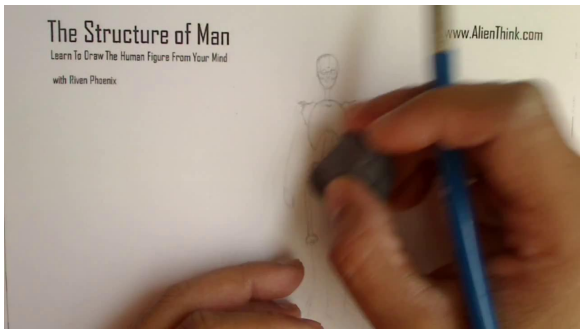
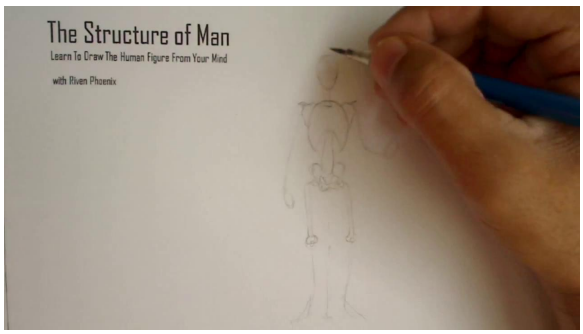
2026 Riven Phoenix and AlienThink.com

137		without much effort, right? It's completely a different approach than what we've been doing
138		where we take this very slow approach and measuring and this is why it's important to go
139		through that process. Get the mind trained to understand how what is it that it's trying to
140		draw out right in here for the spine. I can just make it go in here and make it come a little

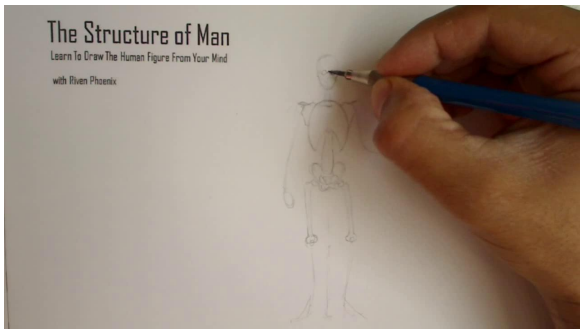
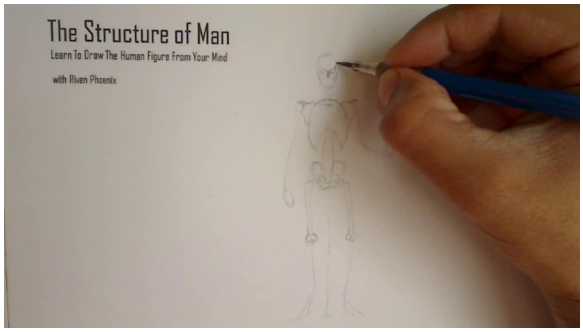
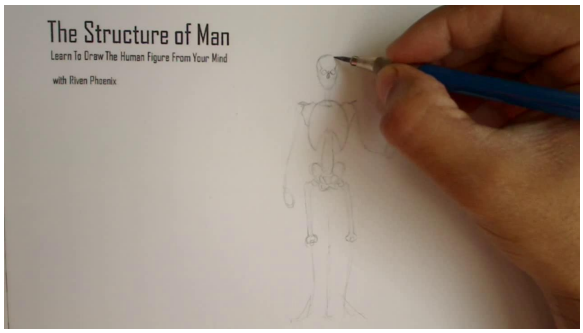
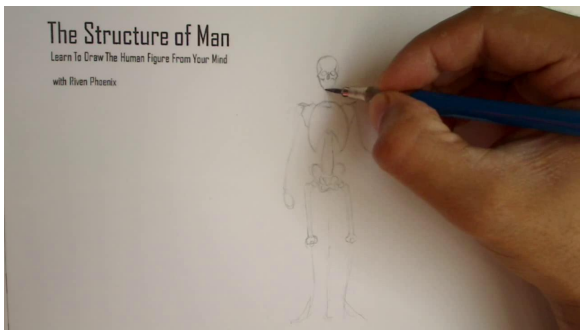
2026 Riven Phoenix and AlienThink.com

141		bit down like this over here for the neck. I'm just going to do it this way, okay?
142		So we've got that idea across. So now the next process is that once you're happy with some of your
143		ideas here, you're going to have to now come back in here and we're going to have to add more
144		details, right? And you're showing you that process of drawing as to how easy it is, right? So usually

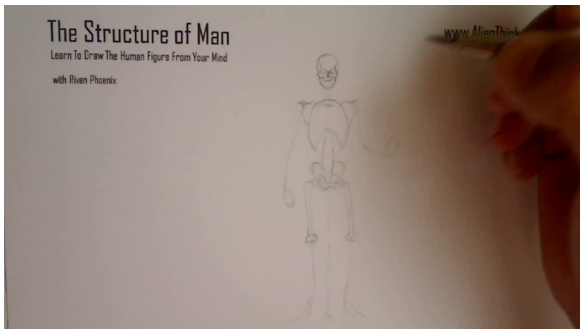
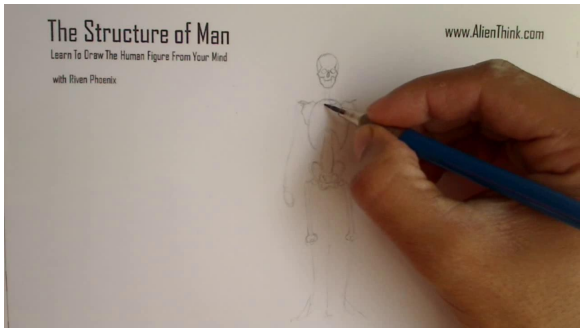
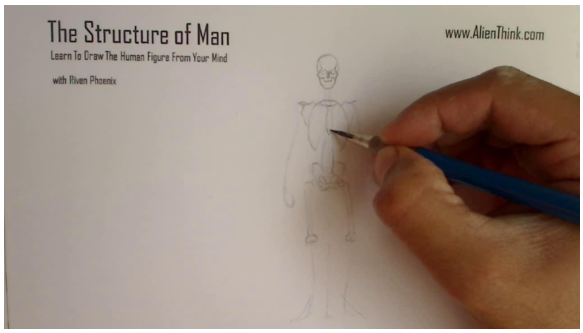
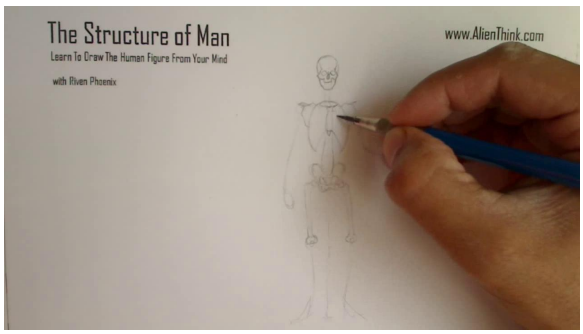
2026 Riven Phoenix and AlienThink.com

145		when I get this, I'm just showing you a different technique, right? So the eraser is really your
146		friend here because it's just going to allow you to change your ideas continuously, right,
147		until you're happy with them, right? And add more details, right? You just build up your drawing
148		slowly. So here when it comes to the the skull here, I'm just going to do a little bit of a

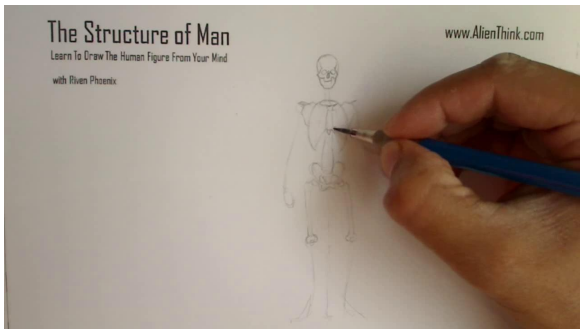
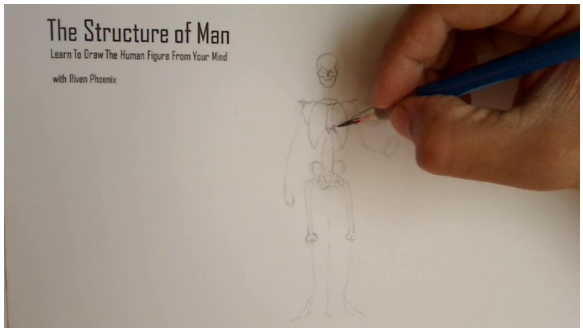
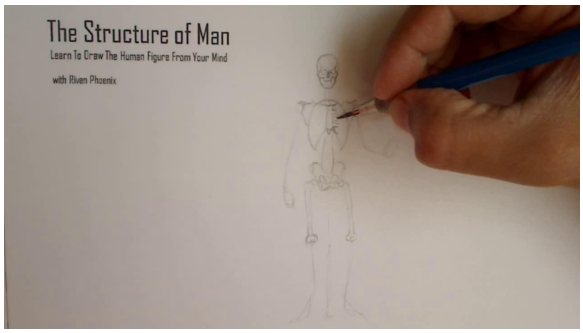
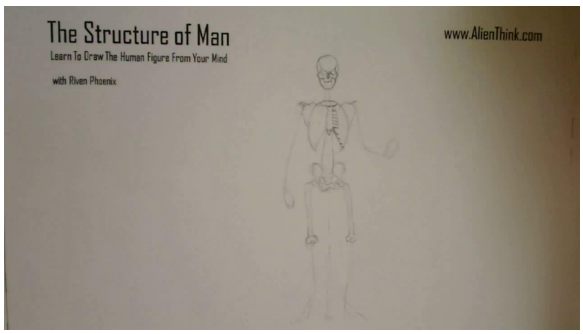
2026 Riven Phoenix and AlienThink.com

149		variation of the different ideas here that I have of the skull and make my own version of it really,
150		right? Try out different versions of it just, right? It's not always going to be the same.
151		Sometimes it'll be a little different depending on the type of character that we're doing.
152		Okay,

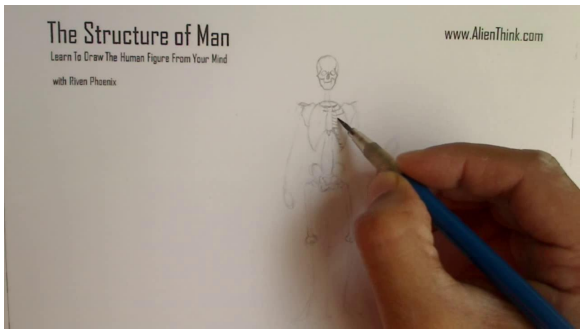
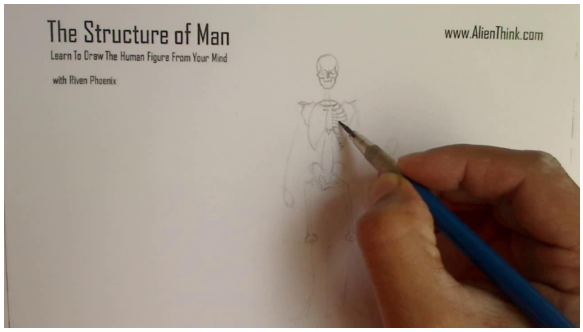
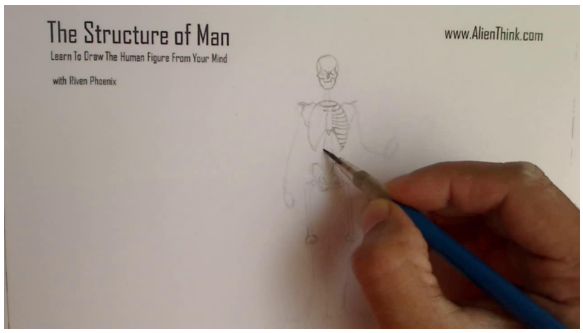
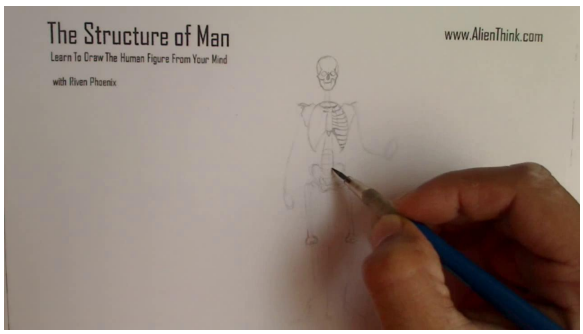
2026 Riven Phoenix and AlienThink.com

153		get the ones I've gotten this is just the same thing, right? Now,
154		we're just going to put these ideas down here. We get the tie system over here, right?
155		It's going to do a different try to keep it a little different in here.
156		Really, we can just put a little bit of that line across so we know this is really just going to be

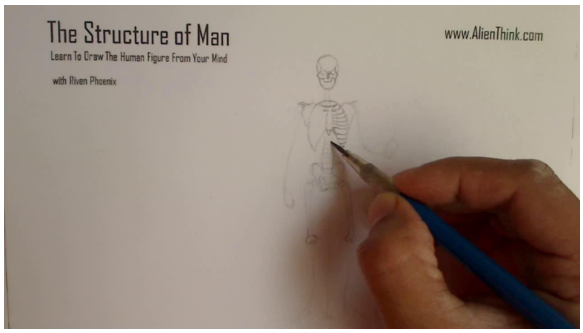
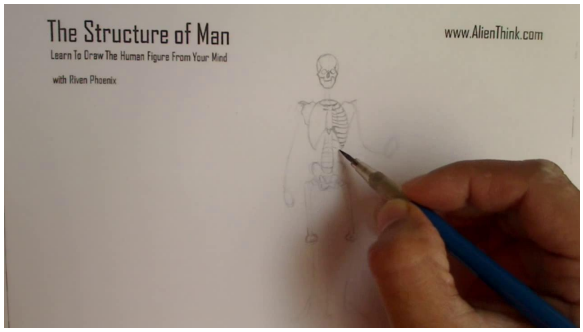
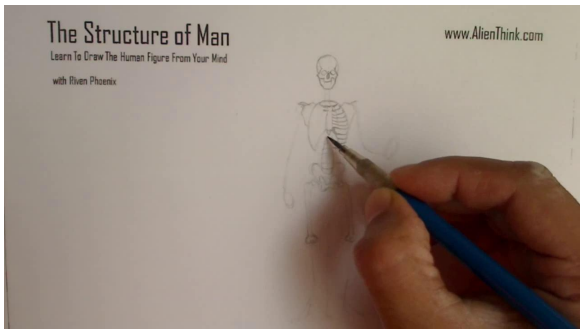
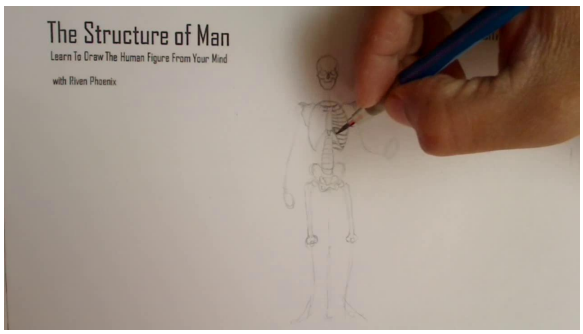
2026 Riven Phoenix and AlienThink.com

157		the seventh bone over here. It's going to be the sixth.
158		All right, so once this is down, this is one, two, it's going to be three, four, five, six, seven,
159		over there, right? It's going to be eight, nine, ten. You're going to get the 11th and 12. That's it.
160		Okay, so I'm just going to finish this while drawing out pretty quickly here.

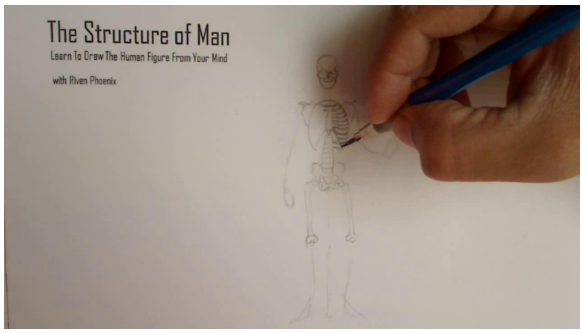
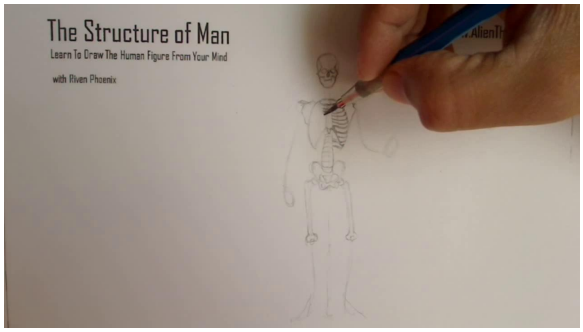
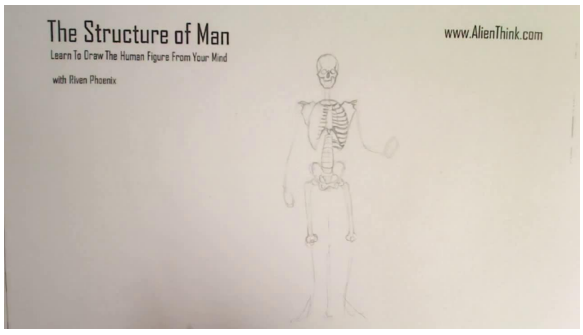
2026 Riven Phoenix and AlienThink.com

161		Then make it go like this over here.
162		And this is the tenth that we know it's just going to be going like this, right? So over here,
163		we know that this is going to be the fifth one. And over here, we can just divide this.
164		Then you'll get your four progress over here, fifth, and then you know this is the sixth,

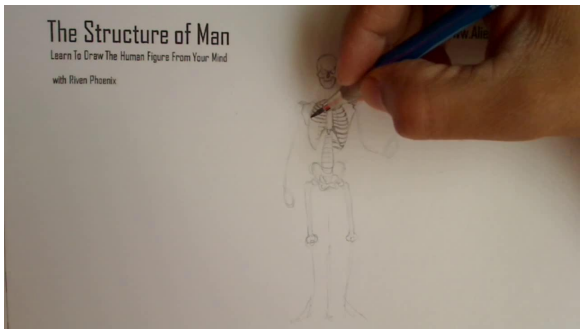
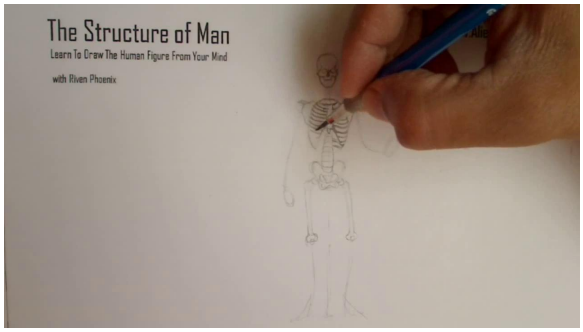
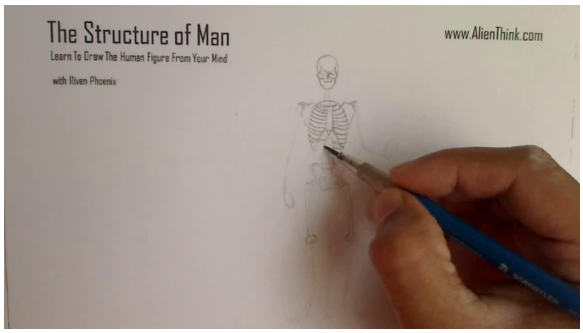
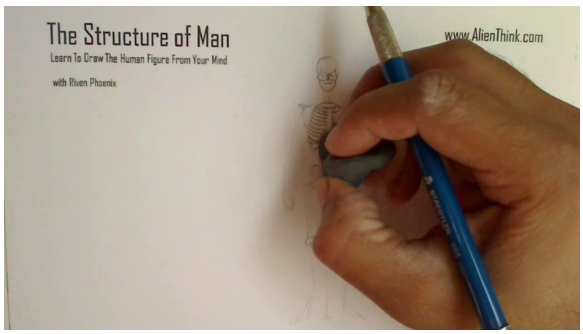
2026 Riven Phoenix and AlienThink.com

165		seventh, and this is where it's going to really be connecting to over here.
166		And it's just going to be hanging out the other way over here.
167		Right, and that's really it. Just change or just keep adding. And then here I can just add more
168		thickness to these ribs. Right, and start to slowly create that detail. Obviously I can blow this

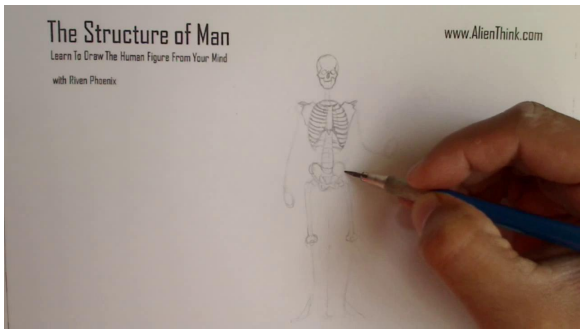
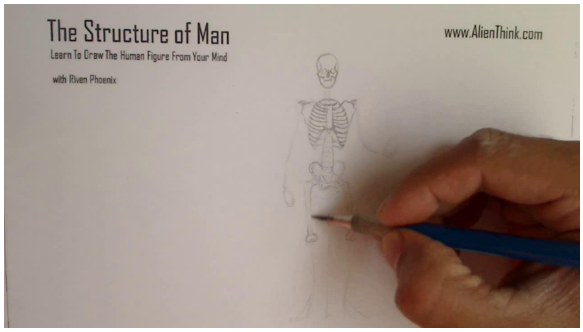
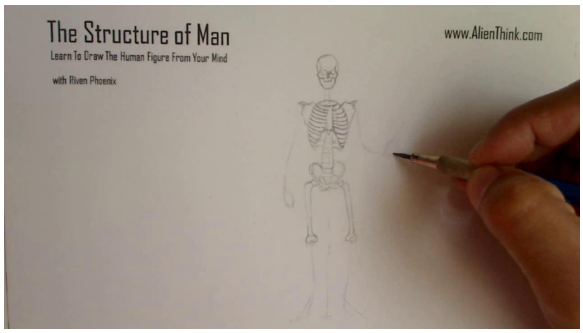
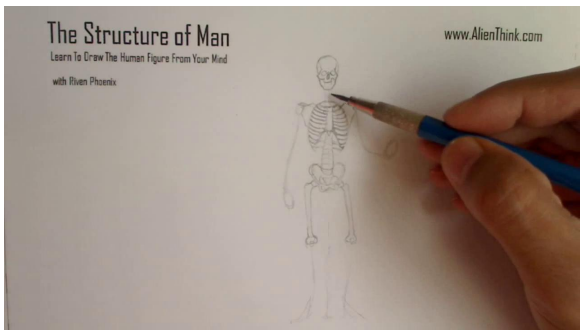
2026 Riven Phoenix and AlienThink.com

169		up and make it more bigger and more details. Right, so here I'm just going to finish this off.
170		Okay, so I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of thickness to the ribs and then I'm just going to add a little bit of
171		thickness to the ribs and let's really add a little bit of thickness to the ribs and truly add a little bit of thickness to the ribs and let's really add a little bit of thickness to the ribs and that's really it to this.

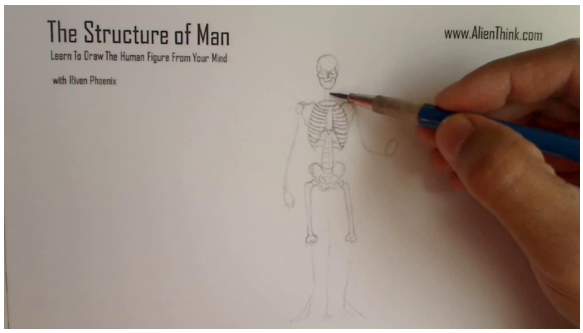
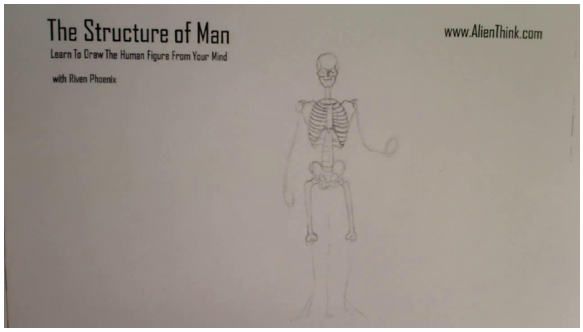
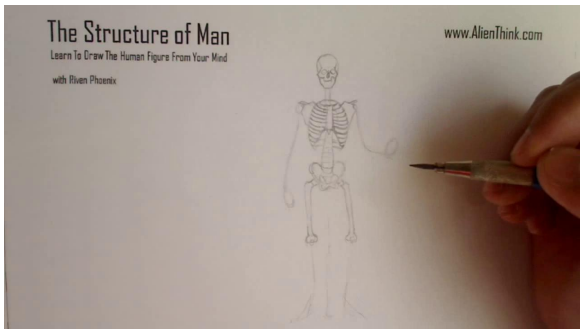
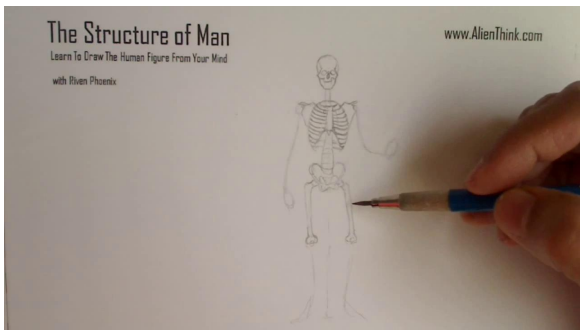
2026 Riven Phoenix and AlienThink.com

172		Remember, when you're doing the ribs you've got to go from here up, right, because it's going up here, so
173		One more up there.
174		And this one here, I'm just going to make this one a little more deformed in that way.
175		Okay, so here pretty much done with this, you get the basic idea here, so I can keep going

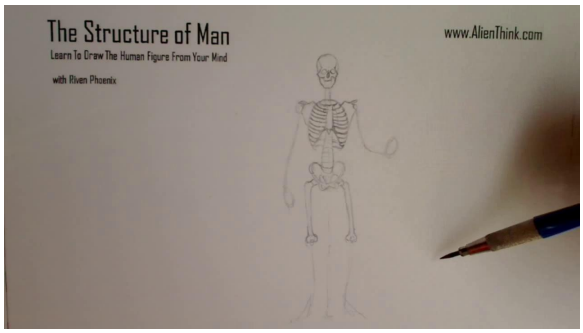
2026 Riven Phoenix and AlienThink.com

176		on with this and then keep looking at how to do it in different ways and add more detail
177		through this to make it look like a complete skeletal structure. Right, so I think you get the idea of
178		what we're talking about is how to now start to get the mind used to this concept of being able to
179		draw these out a little more rapidly in this way. Right, so we can, and then obviously the

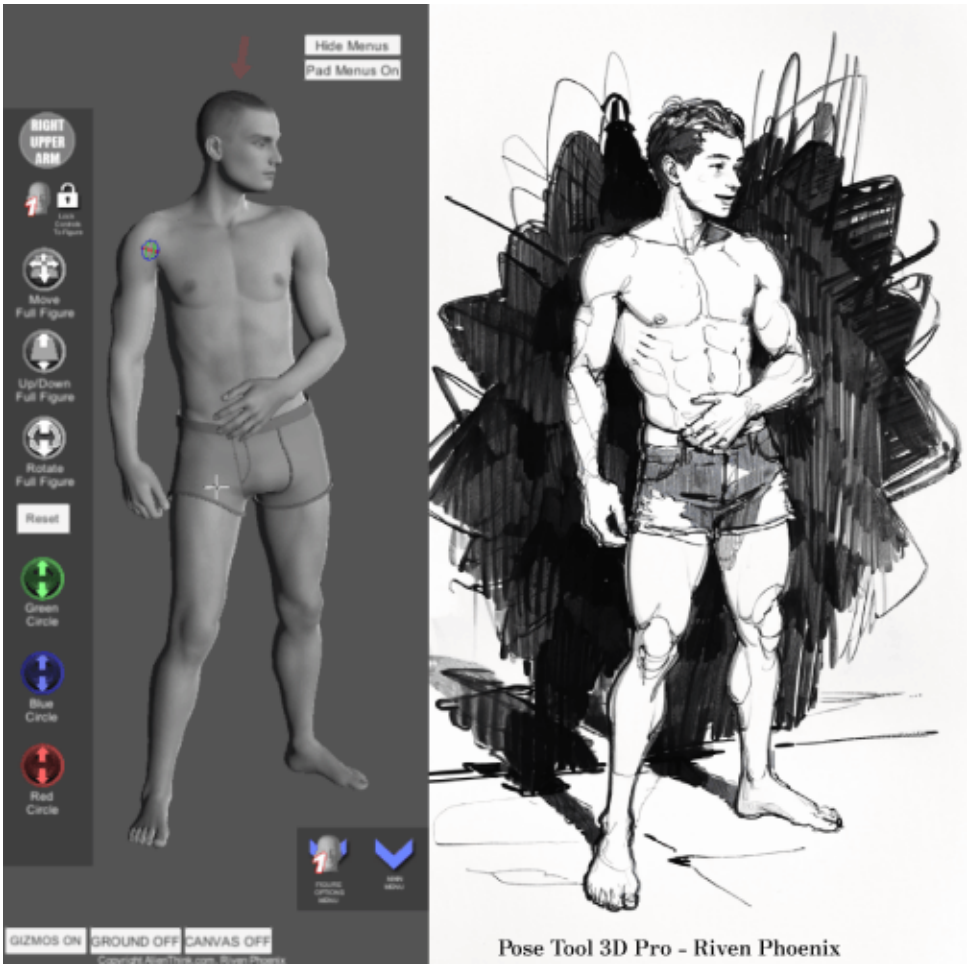
2026 Riven Phoenix and AlienThink.com

180		if I spend more time with this, I can get it into more detail. Right, so I'll see you in the next
181		lesson where I'm going to go and now add more details and really get it to look much more realistic
182		as possible. Right, and that's really it from this lesson, but we get the concept of how this is
183		working. Right, so as a challenge again, once you've drawn this, you can draw it out from the

2026 Riven Phoenix and AlienThink.com

184		side and also from the back doing the same method. So I'll see you in the next lesson. Thanks.

2026 Riven Phoenix and AlienThink.com



www.alienthink.com/pose-tool-3d/

2026 Riven Phoenix and AlienThink.com